

LIVING THE BETTER LIFE: Forgiveness

START: (10 min)

1. How was your week?
2. Conversation Starter (optional):

GOSPEL:

1. Corrie Ten Boom struggled with forgiving the man who had caused her so much suffering. Have you ever struggled to forgive someone who has hurt you deeply? What made forgiveness difficult in that situation?
2. What are some of the benefits of forgiveness? How have you experienced these benefits in your own life or observed them in the lives of others?
3. Forgiveness is difficult and can be a process. What are some things that help you to forgive?
4. How can we cultivate a culture of forgiveness within our families, church, and broader community? What practical steps can we take to promote forgiveness and reconciliation in our relationships?
5. Is there someone in your life who is struggling to forgive? How can you support their process?
6. What are some verses that you know about forgiveness? Take some time to read them to one another.
7. The sermon also touches on the concept of guilt and shame. How do these emotions relate to forgiveness? Can guilt and shame hinder or facilitate the process of forgiving others?

PRAYER: Take some time to pray for one another.