## **The Transformational Power of Worship**

## START: (10 min)

- 1. How was your week?
- 2. Conversation Starter (*optional*): Would you rather sing a solo in front of a crowd or dance the jig in front of a crowd?

**GOSPEL:** Ephesians 5:18-19 NLT, "... be filled with the Holy Spirit, singing psalms and hymns and spiritual songs among yourselves, and making music to the Lord in your hearts."

- 1. What has congregational worship meant to you as you have grown in your walk with Jesus? Has it changed over time?
- 2. What excuse have you used (or heard from others) why not to participate in congregational worship?
- 3. Have you had an experience in worship (or otherwise) where God has changed your perspective in any way?
- 4. Does worship come easy or hard for you? Why?
- 5. How does worship bring transformation to your life? Do you have a real life example?
- 6. Read Romans 12:1 NLT, "And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him."

Take some time to deeply discuss this verse, phrase by phrase. Here are some questions to help you in your conversation.

- "Give your bodies to God..." What does this look like?
- "Because all he has done for you..." This is the motivation. What has he done for you?
- "Let them be a living and holy sacrifice..." What do you think the Apostle Paul meant by this?

- "The kind he finds acceptable..." Is there a sacrifice we can offer that isn't acceptable?
- "This is truly the way to worship..." The word for worship here is "latreia". Other translations use the word "service". It has the idea of the priestly duties sacrificing animals as worship according to the Levitical law.