

Keeping Your Eyes on Jesus

START: (10 min)

1. How was your week?
2. Conversation Starter (*optional*): Any plans for Valentine's Day?

GOSPEL:

Heb 12:1-2, NIV, "Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. 2 Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God."

Dig deeper into this verse:

1. "Therefore, since we are surrounded by such a great cloud of witnesses..." Who do you look at for encouragement when things get tough and why?
2. "let us throw off everything that hinders and the sin that so easily entangles..."
 - A. What hindrances do you have in your life that gets you in a tangle?
 - B. What do you need to do about it?
3. "Let us fix our eyes on Jesus..."
 - A. Is there something in your life right now that has your attention when it should be on Jesus?
 - B. What do you need to do about it?
4. "the author and perfecter of our faith..."
 - A. All credit goes to Jesus. What is something you are taking credit for but should be giving it to the Lord?
 - B. What do you need to do about it?
5. "who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God." How do you even begin to grasp the level of love Jesus had for us, when he endured the cross and did so joyfully. How do you respond to the love of God?