

## Kingdom Preppers Week 6

March 8, 2026

**Before we get into understand the impact of Ephesians 5 let's go ahead and address some problems, roadblocks, and misconceptions to this biblical truth and design.**

First you need to address any problems, roadblocks, and misconceptions

**1. Past Experiences with Abuse:** some women have experienced abuse from male leadership: a father, a husband, or a boss. These experiences can make trusting male leadership difficult. Important truths: abuse highlights the **need for godly men**, simply claiming to be a Christian does **not mean someone reflects Christ's character, a title does not equal godly leadership**.

Those who have experienced abuse should seek help and support. **2. Lack of Male Leadership:** some have never experienced godly male leadership because, they were raised by a **single mother, or by a grandmother**. Without a godly husband in the home, biblical leadership can feel unfamiliar or unnatural. **3. Cultural Misunderstanding:** Our culture often claims: God's design is **outdated or archaic**, submission means **women are weak**. Scripture teaches the opposite. Men and women are **both created with value and purpose**.

**Misconceptions About Submission: Misconception #1: Submission Is Only for Women** - the Bible teaches **all believers submit to Christ**. Examples of biblical submission: believers submit to Christ, believers submit to church leadership, **believers submit to governing authorities**, and believers submit to one another. Even Jesus modeled submission to the Father.

Scripture: John 6:38, Luke 22:42, John 5:30, John 4:34, John 8:28–29, John 10:18

**Submission is not a female command — it is a Christian virtue. Misconception #2: Women Are Inferior:** The creation account shows equal value. Scripture: Genesis 1:27–28. Truths: both men and women are **created in God's image**, both are **blessed by God**, both are **given dominion over creation**. Value is equal even when roles differ. **Misconception #3: Submission Means Blind Obedience** Submission to a husband does **not mean obeying sin**. Key principle: our **first submission is always to God**.

If a husband's direction contradicts God's Word, the wife must follow **God's higher authority. Misconception #4: Husbands Make All Decisions:** from creation we see partnership. Scripture: Genesis 2:18. The word **helper** means: an indispensable partner, or one who provides what the other lacks. Healthy marriages involve shared wisdom, mutual input, or consensus decision making. Husbands are not dictators.

**Why Follow God's Design?** God's design reflects **the relationship between Christ and the Church**. If husbands follow the example of Jesus, leadership becomes **sacrificial service**.

**Ephesians 5 Explained:** Scripture: Ephesians 5:22–29 **Wives: Submission to the Lord:** Verse 22 "Wives, submit yourselves to your own husbands as you do to the Lord." Key truth: the **first submission is to Christ**, not to a husband. the progression: wife submits to Christ; husband submits to Christ and marriage functions according to God's design. **Headship Defined:** Verse 23 "The husband is the head as Christ is head of the church". Headship is responsibility, servant leadership and spiritual accountability. It is not about superiority.

**Mutual Submission:** Verse 24 "As the church submits to Christ...". important truth: the **church includes both men and women**, and God's design only works when both spouses are submitted to Christ. **The Command to Husbands:** Verse 25 "Husbands, love your wives, just as Christ loved the church and gave himself up for her." Christ's love was sacrificial and giving. Husbands are called to love in the same way. **How Christ Provides:** Christ models the husband's responsibility. **Spiritual Provision:** Scripture: John 6:35. Jesus provides salvation, forgiveness, The Holy Spirit and eternal life. **Physical Provision:** Examples: feeding the 5,000, teaching about God providing daily needs. Scripture: Matthew 6:31–33. **Sacrificial Provision:** Jesus gave His life for His bride.

Scripture: Ephesians 5:25. **Emotional Provision:** Jesus offers peace, rest, and comfort. Scripture: Matthew 11:28–30 **The Goal of Christ's Love** Verses 26–27, Christ works to make the church: holy, radiant and without blemish. Radiant means: splendor, beauty, value. Application for husbands: help your wife see her true beauty and worth in God. **Loving Your Wife As Yourself:** Verse 28

Truth: a husband's well-being is connected to his wife's well-being. Healthy marriages create love, respect and balance. **Marriage Illustration: Marriage** is like a dance: someone leads, movements are complementary, **and** harmony comes through unity and coordination.

**Responsibilities of a Husband: Spiritual Leadership** leads in prayer, leads in studying Scripture, and leads in serving God. **Physical Provision:** ensures needs are met, provides stability and care. This is not about earning the most money. **Sacrificial Love:** places wife's needs above his own, serves rather than demands service.

**Emotional Leadership:** creates a peaceful environment, listens and encourages, demonstrates grace and mercy. The wife's role is **not to repair damage caused by a husband's uncontrolled anger**.

**Key Note:** God's design works when: the **wife submits to Christ**, the **husband submits to Christ** the **husband leads through sacrificial love** and the **marriage reflects Christ and the Church**.

**Final Key Note:** Before we ask, "Is my spouse doing their part?" We should first ask, "**Am I submitted to Christ?**" Because God's design for marriage begins there. Two people. One Savior. One purpose. Reflecting Christ to the world.

MARCH 2026

# CUMBERLAND FELLOWSHIP

CFLife.Church



2026

## EASTER

*Egg Hunt* WITH THE EASTER BUNNY

SUNDAY, MARCH 22ND  
2-4 PM

CENTENNIAL PARK

THIS EGG HUNT IS A FREE COMMUNITY WIDE EVENT. FREE BOUNCE HOUSES, SNOW CONES, AND POPCORN. OTHER FREE ACTIVITIES WILL BE PROVIDED BY THE BLUE RIBBON COMMITTEE.

FOR CHILDREN AGES WALKING - 6<sup>TH</sup> GRADE  
GATES OPEN AT 1PM

# BREAKFAST

## MEN'S BREAKFAST

MARCH 28 | 8:00 AM

# PRAYER & PRAISE

Monday 3/30 @ 6pm

## Coming up:

Guyana Mission trip

3/6 - 3/15

Italy Grow Trip

3/18 - 3/25

SN Prom 3/21

Baptism Sunday 3/29

## Sign up on the CFLife App

- To Serve
- Submit prayer request
- Join a small group
- Register for a class
- Register for baptism

