



Redeemer Group Discussion Questions  
*Life in Christ and Living in Christ – A Walk Through Ephesians*  
Embracing What Now Is  
Ephesians 4:20-24

---

1. How did you learn Christ? What was it about Christ that changed you? What is the difference between knowing about Christ and knowing Christ?
2. What attachments of the “old man” have you put off? What do you feel still needs to be put off?
3. How do you “put on the new self”? What does that look like practically?
4. What evidences do you have of your salvation? Do you deal with doubt of your salvation? How do you overcome these doubts?