



Redeemer Group Discussion Questions

Life in Christ and Living in Christ – A Walk Through Ephesians

The Secret of Christ Experienced

Ephesians 3:14-19

1. Share the last time you bowed your knees before God in prayer. Should we practice this posture in a corporate setting as a way of expressing humility and teaching prayer?

2. What are some things that are not necessarily sins that tend to take up room in our hearts and take the place of Christ? Think about Hebrews 12:1-2.

3. List the top three things that hinder this in your life. What actions are required to protect ourselves from these hindrances and distractions?

4. What is the practical benefit of Christ dwelling richly in our inner being?

5. How can we know when we are comprehending the love of God?