



Redeemer Group Discussion Questions

Life in Christ and Living in Christ – A Walk Through Ephesians

The Father's Initiative to Bless

Ephesians 1:3-6

1. How should the fact that we have all spiritual blessings in Christ impact the way we think, feel and live?

2. How does Ephesians 1:3-14 show us the importance of a God-centered life? What are the advantages of being God-centered in comparison to being man-centered?

3. How should the teaching of God's election be understood?

4. Discuss how being able to stand before God holy and blameless is a blessing?

5. What does being adopted by God mean? How does one know when they are adopted?

6. Discuss how being "in Christ" should impact our view of self and others? How is this teaching best lived out?