

# HOW TO MAKE THE MOST FROM A DOLLAR







# Why Budgeting Matters

- You control your money or your money controls you!
- Know where you spend the most
- Set goals and make plans to reach those goals



# Where to begin?

1

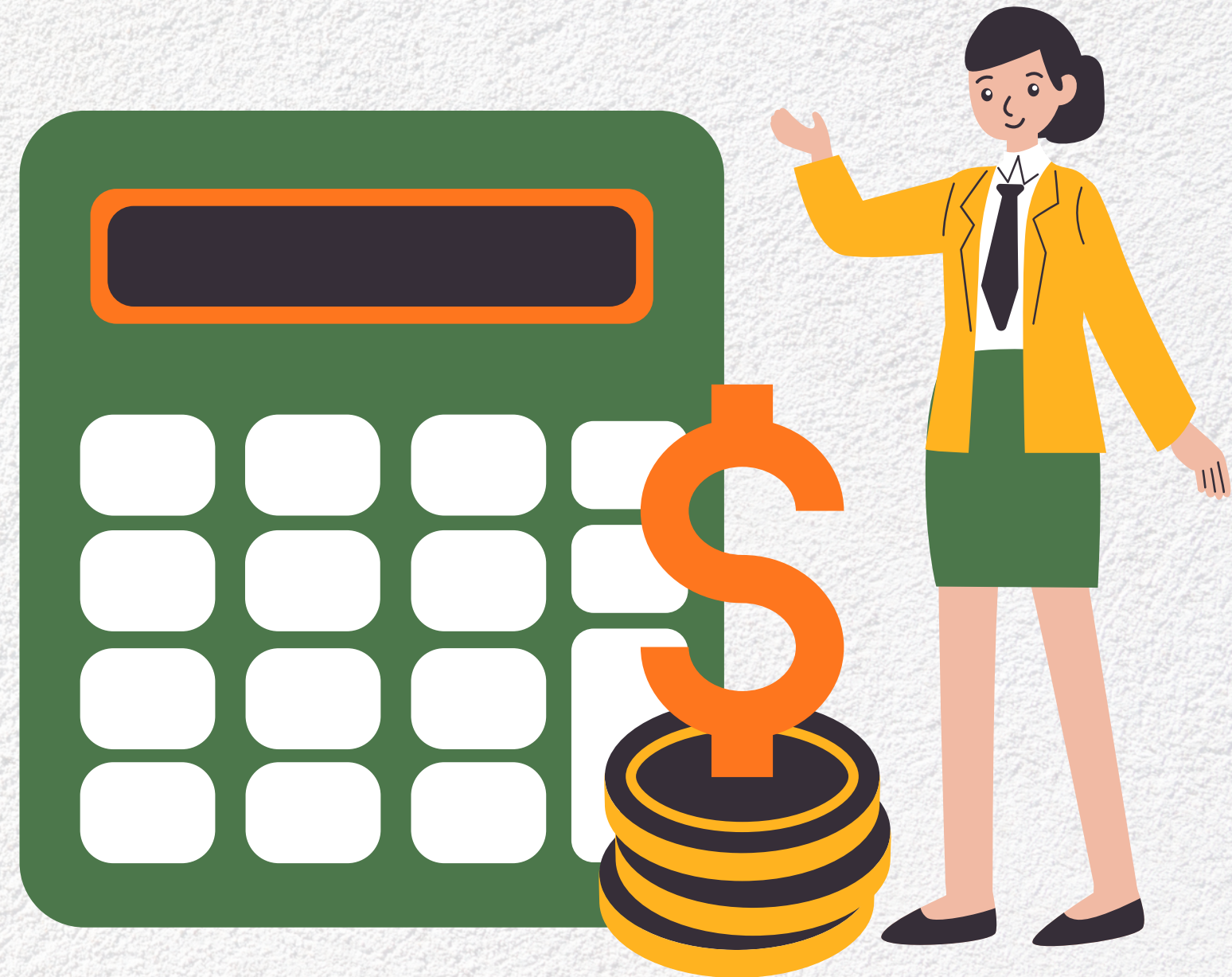
Look at the last three months of expenses.

2

Make a list of what you currently spend money on.

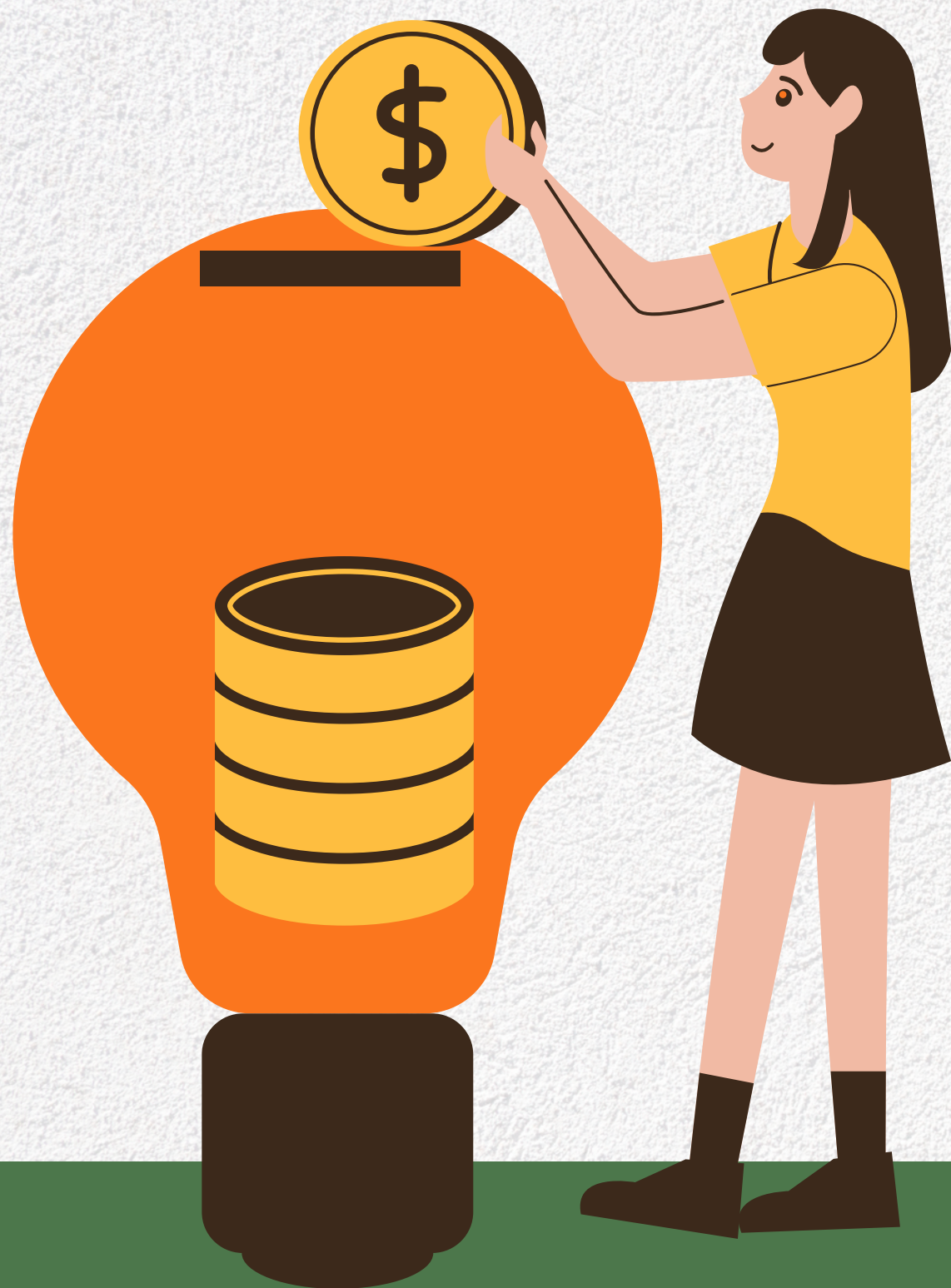
3

Choose what to cut so you can be where you want to be.





# How to get the most out of a dollar



- This isn't about your income it is about your planning.
- You **MUST** be intentional
- If you are married - weekly meetings
- If you live with family members above the age of 16 - Weekly



# Hacks to Saving Money

## Food

- Shop simple - Buy in Bulk when you can
- Meal plan - Bringing your lunch is way cheaper
- Portion out meals - Over eating or Waste
- Shop sales - Store your food
- Grow your food from home





# Hacks to Saving Money

## House — Car — Yard

- Budget For It - Shower Curtain Example
- Make some good friends
- Learn to navigate YouTube
- Thrift Stores
- Learn more sustainable yard landscaping





# Prepper Tips for Money

- Cash is King
- Emergency Fund
- Bartering - Knowledge and skills
- Deep Pantry
- Gold and Silver





Words





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