

# 7 TRAITS TO EFFECTIVE PARENTING



How do we get our children to behave in a way we want them to, and to do it in a Godly way? The "7 Traits to Effective Parenting" [by Danny Huerta] is a formula that can be used to have a relationship with your kids even when they are going through a dark space or dark moment.

**The 7 traits to Effective Parenting are :**

1. Adaptability
2. Respect
3. Intentionality
4. Love
5. Gratitude and grace
6. Forgiveness
7. Boundaries

Danny Huerta is a psychologist and licensed clinical social worker and author of "7 Traits of Effective Parenting."

For many years, Danny has provided families with practical, biblically based and research-based parenting advice on topics ranging from media discernment, discipline, and communication to mental health.

We encourage you to watch the attached video clip from "Focus on the Family".

## FOOD FOR THOUGHT

1. If your children are not showing you respect, it could be that you aren't modelling respect in appropriate ways.
2. We as parents need to **RESPOND** in situations, **NOT REACT**!
3. Your role as a parent is to show respect to your children, and look at them through Gods eyes, which is **mercy and steadfast love**.

