

PRE-DECIDE SERIES

PART 2 / THREE KEYS TO OVERCOMING TEMPTATION

The quality of your decisions determines the quality of your life.
When our values are clear, decisions are easier.

Matthew 26:41 (NIV)

*Watch and pray so that you will not fall into temptation.
The spirit is willing, but the flesh is weak.*

1. The devil is coming for you.

2 Corinthians 2:9, 11 (NLT)

*I wrote to you ... so that Satan will not outsmart us.
For we are familiar with his evil schemes.*

2. You are not as strong as you think.

1 Corinthians 10:12 (NIV)

So, if you think you are standing firm, be careful that you don't fall!

3 Keys to Fighting Temptation

1. Move the line.

Psalms 16:6 (NIV)

The boundary lines have fallen for me in pleasant places; surely I have a delightful inheritance.

2. Magnify the cost.

What if the worst-case scenario comes true?

Numbers 32:23 (NIV)

You will be sinning against the Lord; and you may be sure that your sin will find you out."

3. Plan your escape.

Genesis 39:6-7 (NLT)

Joseph was a very handsome and well-built young man, and Potiphar's wife soon began to look at him lustfully. "Come and sleep with me," she demanded.

You use your disappointments to justify your disobedience.

Genesis 39:12 (NIV)

But he left his cloak in her hand and ran out of the house.

1 Corinthians 10:13 (NIV)

And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.

Why would I resist a temptation in the future if I have the power to eliminate it today?

WORK IT OVER !

Read Matthew 26:41.

Think of a time when God helped you make the right decision or avoid temptation. What was that experience like?

What is your thought process like when you make plans for the future ?

What areas of your life where you're most vulnerable to the enemy's attacks ?