

PRE-DECIDE SERIES

PART 1 / TAKE BACK YOUR LIFE

Isaiah 43:18-19 (NIV)

Forget the former things; do not dwell on the past. See, I am doing a new thing!"

The quality of your decisions determines the quality of your life.

Why Do We Struggle to Make Good Decisions?

1. We're overwhelmed with choices.
2. We're afraid of making a wrong choice.
3. We let emotions overrule logic.

Don't make permanent decisions based on temporary emotions.

Prov 16:3 (NIV)

Commit to the Lord whatever you do and he will establish your plans.

When faced with _____ (name your situation),

I have pre-decided to _____ (take this action).

Daniel 1:8 (NIV)

But Daniel resolved not to defile himself with the royal food and wine.

- What do you value?

- When your values are clear, your decisions are easier.

If your life is moving in the direction of your decisions,
do you like the direction your decisions are taking you?

- I am ready.
- I am consistent.
- I am devoted.
- I am generous.
- I am faithful.
- I am a finisher.

WORK IT OVER !

Read Proverbs 16:3.

We can ask God to help us pre-decide.

Think about some upcoming decisions you need to make or plan for that you need God's help with.

We might struggle to make good decisions because we're overwhelmed with choices, afraid of making a wrong choice, or we let our emotions overrule logic.

Which of these reasons do you experience most ?

What can you pre-decide now, to help you make good decisions in the future ?

What are some of the values God has placed on your heart ?

Are your decisions and actions reflecting these values? Why or why not ?