

MARCH 2026

ME + YOU

WEEK ONE

We are excited to journey through the March resource! Over the next four weeks we will read through the book of Ruth, watch four episodes called “The Extraordinary Ordinary”, produced by the Southeast Christian Church Online team, and go deeper by working through the notes provided.

Ruth’s story reminds us that even in the everyday moments of life, God is at work.

Many of us live full and busy lives filled with responsibilities, routines and relationships. Sometimes life can feel ordinary and we may even wonder where God is in the middle of it all.

The story of Ruth reminds us that God is often working quietly behind the scenes, even in the most ordinary moments. Through loss, loyalty, courage and kindness, God was weaving together a beautiful story that Ruth and Naomi could not yet see.

As you walk through this study, take time to reflect on your own story. God may be working in ways you have not yet noticed. Even in the ordinary moments of your life, He is present, faithful and always at work.

RUTH CHAPTER 1

Read : Ruth chapter 1

Click on the YouTube link below to watch Episode 1:

<https://youtu.be/i4V9FsyFqnY?si=ZvAyFXaPvBnTEnsE>

NOTES

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

RUTH CHAPTER 1

What stood out to you most in this chapter and why?
(A word, verse, character or moment that grabbed your attention.)

What did you learn about God
from this chapter?
(His character, His ways, His
timing, His heart.)

What did you learn about
people from this chapter?
(Fears, desires, sins, strengths
or examples to follow/avoid.)

RUTH CHAPTER 1

Which character did you relate to the most in this chapter and in what way?

How does this chapter challenge or encourage your faith today?
Is there a comfort, a warning or a reminder that stands out for you?

Is there an example to follow, a promise to hold onto or a sin to avoid in this chapter?
(Name at least one specific thing.)

What is one practical step you can take this week because of what you read in this chapter?
(Something you will do, say, pray or change.)