

# SESSION 5

## FIGHTING SHADOWS

- 1. How has the role of women in our lives been distorted by the world's view of lust ?**
- 2. How has lust deformed our vision of "manhood" and how has lust shaped our perception regarding sex and intimacy ?**
- 3. List a few practical things we (as men) can do to treat the women around us more like Jesus ?**
- 4. How do you fight against the temptation of lust in your personal life ?**