

2026

ME + YOU

SEPTEMBER RESOURCE

Working through Galatians, one chapter at a time

1

READ

Read through one chapter of Galatians.

2

WATCH

Watch Kyle Idleman's teaching on that chapter. Use the space provided to make notes as you listen.

3

REFLECT

After reading the chapter and watching the teaching, answer the reflection questions.

Teaching Notes: Galatians 1

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

What is one thing from this teaching you want to remember?

Reflect on Galatians 1

In your own words, what is Paul saying in this chapter?

What verse or phrase stood out to you?

What is one truth from this chapter you want to hold onto?

How could this truth make a difference in your life?

Teaching Notes: Galatians 2

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

What is one thing from this teaching you want to remember?

Reflect on Galatians 2

In your own words, what is Paul saying in this chapter?

What verse or phrase stood out to you?

What is one truth from this chapter you want to hold onto?

How could this truth make a difference in your life?

Teaching Notes: Galatians 3

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

What is one thing from this teaching you want to remember?

Reflect on Galatians 3

In your own words, what is Paul saying in this chapter?

What verse or phrase stood out to you?

What is one truth from this chapter you want to hold onto?

How could this truth make a difference in your life?

Teaching Notes: Galatians 4

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

What is one thing from this teaching you want to remember?

Reflect on Galatians 4

In your own words, what is Paul saying in this chapter?

What verse or phrase stood out to you?

What is one truth from this chapter you want to hold onto?

How could this truth make a difference in your life?

Teaching Notes: Galatians 5

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

What is one thing from this teaching you want to remember?

Reflect on Galatians 5

In your own words, what is Paul saying in this chapter?

What verse or phrase stood out to you?

What is one truth from this chapter you want to hold onto?

How could this truth make a difference in your life?

Teaching Notes: Galatians 6

What is one thing from this teaching you want to remember?

Reflect on Galatians 6

In your own words, what is Paul saying in this chapter?

What verse or phrase stood out to you?

What is one truth from this chapter you want to hold onto?

How could this truth make a difference in your life?