



**Text:** Colossians 2:6-7

**Big Idea:** An absence of gratitude results in grumbling and self-pity. When believers grumble, it is like saying that God is not good enough.

- Gratitude should be your default posture
- To have an outpouring of gratitude be aware that:
  - God created you
  - We deserve nothing
  - We receive eternal life
- Gratitude comes from a humble heart

**Discussion Questions:**

1. How are polite behavior and Biblical gratitude different?
2. What things in our culture set expectations that we deserve something more or different than what we have?
3. How often do you make prayers of petition? Prayers expressing gratitude? Are your prayers of gratitude more or less specific than your prayers of petition? Explain.
4. How do you react to the thought that complaining is offensive to God?
5. What are steps you can take to cultivate a humble heart?