



**Text:** 1 Thessalonians 5:14-18

**Big Idea:** Developing a habit of giving thanks requires that we intentionally and repeatedly practice it.

- Thanksgiving is the recognition of God's goodness
- Gratitude is a commanded lifestyle
- What does gratitude say?
  - God is the Giver
  - God is in control
  - God provides

**Discussion Questions:**

1. Does giving thanks come easily for you? How much does it depend on circumstances? Explain.
2. How can we incorporate giving thanks into our daily routines? How does being in fellowship with other believers help?
3. How does acknowledging God is in control help you give thanks in the midst of trial?
4. How does thankfulness in all circumstances make us, as disciples of Jesus, distinctive? Discuss how thankfulness may be expressed under different circumstances.