



## Joy in the Journey: A Study of Philippians

The Blessings of a Life of Humility - Philippians 2:1-11  
Steve Diserens

### The Life of Moses

<sup>3</sup> Now Moses was a very humble man, more humble than anyone else on the face of the earth.  
(Number 12: 3 NIV)

### Rewind

.... I (Paul) long for all of you with the affection of Christ Jesus. Even though Paul is in chains he is cheering on the Church of Philippi to keep going and growing stronger in Christ.

Paul concludes Chapter 1 with two strong declarations: 1) to believe in him (Christ), but also 2) to suffer for Christ.

### The Blessings of a Life of Humility (Philippians 2: 1 – 11)

Therefore, if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, <sup>2</sup> then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. (Phil 2: 1 – 2 NIV)

If you \_\_\_\_\_ it > Live it \_\_\_\_\_

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<sup>3</sup> Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, <sup>4</sup> not looking to your own interests but each of you to the interests of the others. (Phil 2: 3 – 4 NIV)

ME First? \_\_\_\_\_ THEM First? \_\_\_\_\_



**Master Sergeant Roy Benavidez**

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<sup>5</sup> In your relationships with one another, have the same mindset as Christ Jesus: (Phil 2: 5 NIV)

<sup>6</sup> Who, being in very nature God, did not consider equality with God something to be used to his own advantage;

<sup>7</sup> rather, he made himself nothing by taking the very nature of a servant being made in human likeness.

<sup>8</sup> And being found in appearance as a man, he humbled himself by becoming obedient to death—even death on a cross!

(Phil 2: 6 – 8 NIV)

Christ \_\_\_\_\_ to Humble himself

<sup>9</sup>Therefore God exalted him to the highest place and gave him the name that is above every name,  
<sup>10</sup>that at the name of Jesus every knee should bow, in heaven and on earth and under the earth,  
<sup>11</sup>and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father.  
(Phil 2: 9 – 11 NIV)

God \_\_\_\_\_ Christ's life of Humility

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## **Our Personal Choice - A Life of Humility (I Peter 5: 5 – 7 NIV)**

<sup>5</sup>In the same way, you who are younger, submit yourselves to your elders. All of you, clothe yourselves with humility toward one another, because,

“God opposes the proud  
but shows favor to the humble.”

<sup>6</sup>Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. <sup>7</sup>Cast all your anxiety on him because he cares for you.

## **Conclusion – 2 Gloves**

### Discussion Questions

1. Where have you seen HUMILITY (PRIDE!) in action in your life and others (family, work, friends)?
2. Christ CHOSE to HUMBLE himself for God's purposes – why would Christ do that? Why would you?
3. I Peter 5: 7 directs us to “*Cast all your/our anxiety on Him because He cares for you*” – how would that change your life if you gave 100% of your anxiety to the Lord? Any areas you need to release now?