

Psalm 139

Daniel Williams

1. Overview

Psalm 139 Overview		
Verses	Truth	Implication
1-6	Omniscience	I am fully known
7-12	Omnipresence	He is everywhere I am
13-16	Purposeful	I am the result of His purpose.
17-24	We must respond	Awe, Praise, Submission

2. Verses 1-6

3. Verses 7-12

4. Verses 13-16

5. Analysis

a. God designed you _____ and with _____.

b. His _____ is key to our spiritual and mental well-being.

c. You are a _____!

6. Estimated Abortion Rates following prenatal diagnosis of Down Syndrome:

- a. United States: _____
- b. France: _____
- c. United Kingdom: _____
- d. Denmark: _____
- e. Iceland: Nearly _____ - only 2 to 3 live births per year

7. Verses 17-24

Discussion:

- 1. What is a key takeaway or point that stood out to you?

- 2. Why is accepting God's Word as true important for life? How does it impact the way you live life?

- 3. What is one thing you would appreciate prayer for?

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Psalm 139:1-6

1 O Lord, you have searched me and known me!

2 You know when I sit down and when I rise up; you discern my thoughts from afar.

3 You search out my path and my lying down and are acquainted with all my ways.

4 Even before a word is on my tongue, behold, O Lord, you know it altogether.

5 You hem me in, behind and before, and lay your hand upon me.

6 Such knowledge is too wonderful for me; it is high; I cannot attain it.



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**PSALMS
FOR THE
SOUL**

Psalm 139:7-12

7 Where shall I go from your Spirit? Or where shall I flee from your presence?

8 If I ascend to heaven, you are there! If I make my bed in Sheol, you are there!

9 If I take the wings of the morning and dwell in the uttermost parts of the sea,

10 even there your hand shall lead me, and your right hand shall hold me.

11 If I say, "Surely the darkness shall cover me, and the light about me be night,"

12 even the darkness is not dark to you; the night is bright as the day, for darkness is as light with you.

Psalm 139:13-16

13 For you formed my inward parts; you knitted me together in my mother's womb.

14 I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.

15 My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth.

16 Your eyes saw my unformed substance; in your book were written, every one of them, the days that were formed for me, when as yet there was none of them.

Analysis of Psalm 139

1. God designed you intentionally and with purpose.

2.

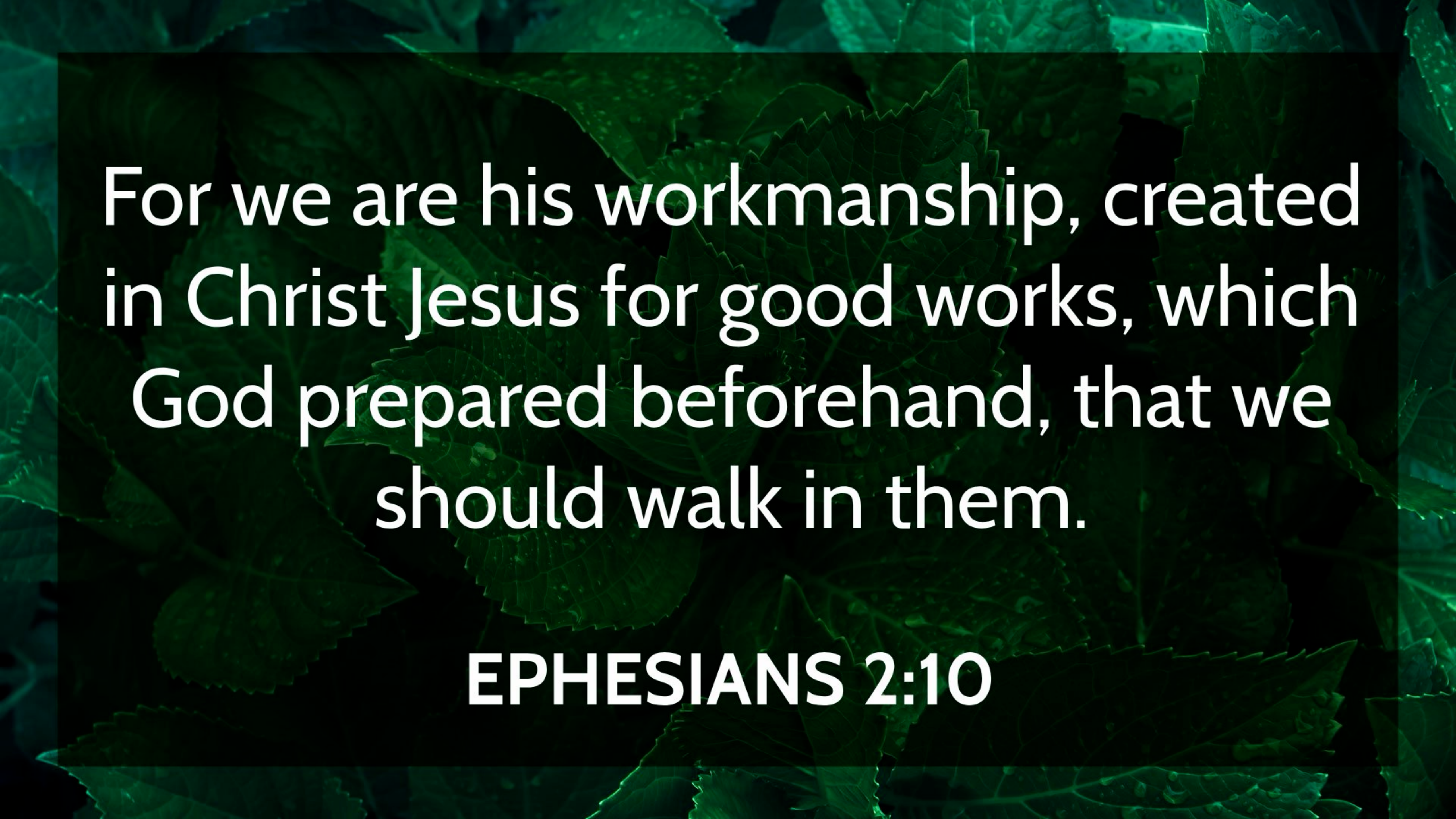
Analysis of Psalm 139

1. God designed you intentionally and with purpose.
2. His purposefulness is key to our spiritual and mental well-being.
- 3.

Analysis of Psalm 139

1. God designed you intentionally and with purpose.
2. His purposefulness is key to our spiritual and mental well-being.
3. You are a masterpiece!

4.



For we are his workmanship, created
in Christ Jesus for good works, which
God prepared beforehand, that we
should walk in them.

EPHESIANS 2:10

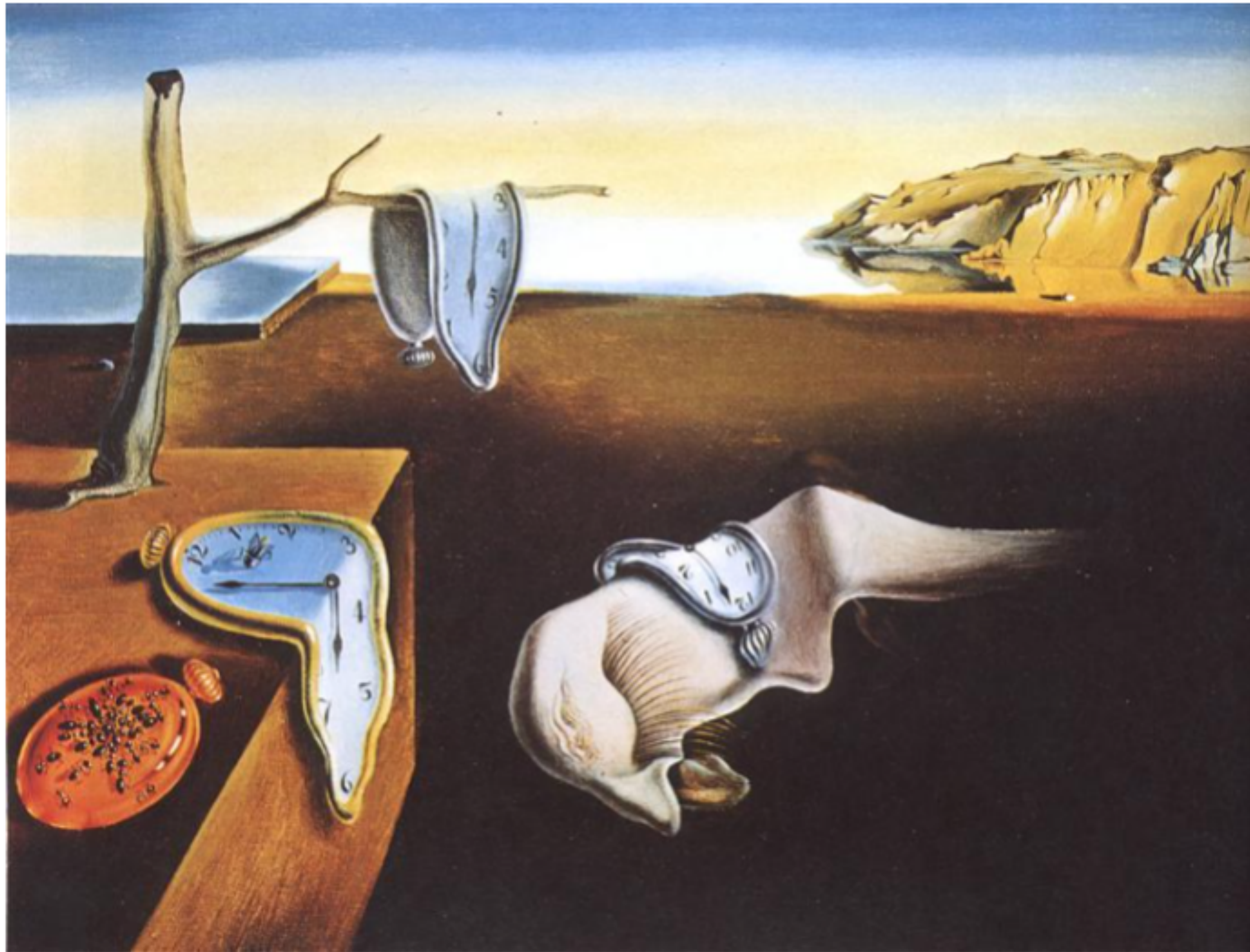
“Poem”

Some places
stay with you...



The quieter I become
the more I hear
Not just the world
but the pieces of me
that still believe
in something more
in a kinder tomorrow
in a life well lived
and a love that stays

Good
Thoughts
Brighter
Days



The Persistence of Memory

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**PSALMS
FOR THE
SOUL**

Estimated Abortion Rates following Prenatal Downs*

- United States: 67% to 85%
- France: 77%
- United Kingdom: 90%
- Denmark: 98%
- Iceland: Nearly 100% - only 2 to 3 live births per year

Source: *Alliance Vita*

Psalm 139:17-24

17 How precious to me are your thoughts, O God! How vast is the sum of them!

18 If I would count them, they are more than the sand. I awake, and I am still with you.

19 Oh that you would slay the wicked, O God! O men of blood, depart from me!

20 They speak against you with malicious intent; your enemies take your name in vain.

21 Do I not hate those who hate you, O Lord? And do I not loathe those who rise up against you?

22 I hate them with complete hatred; I count them my enemies.

23 Search me, O God, and know my heart! Try me and know my thoughts!

24 And see if there be any grievous way in me, and lead me in the way everlasting!

Discussion Questions

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