



THE DAD EFFECT

EVERY MAN MAKES AN IMPACT

WITH MATTHEW J. WOLAK

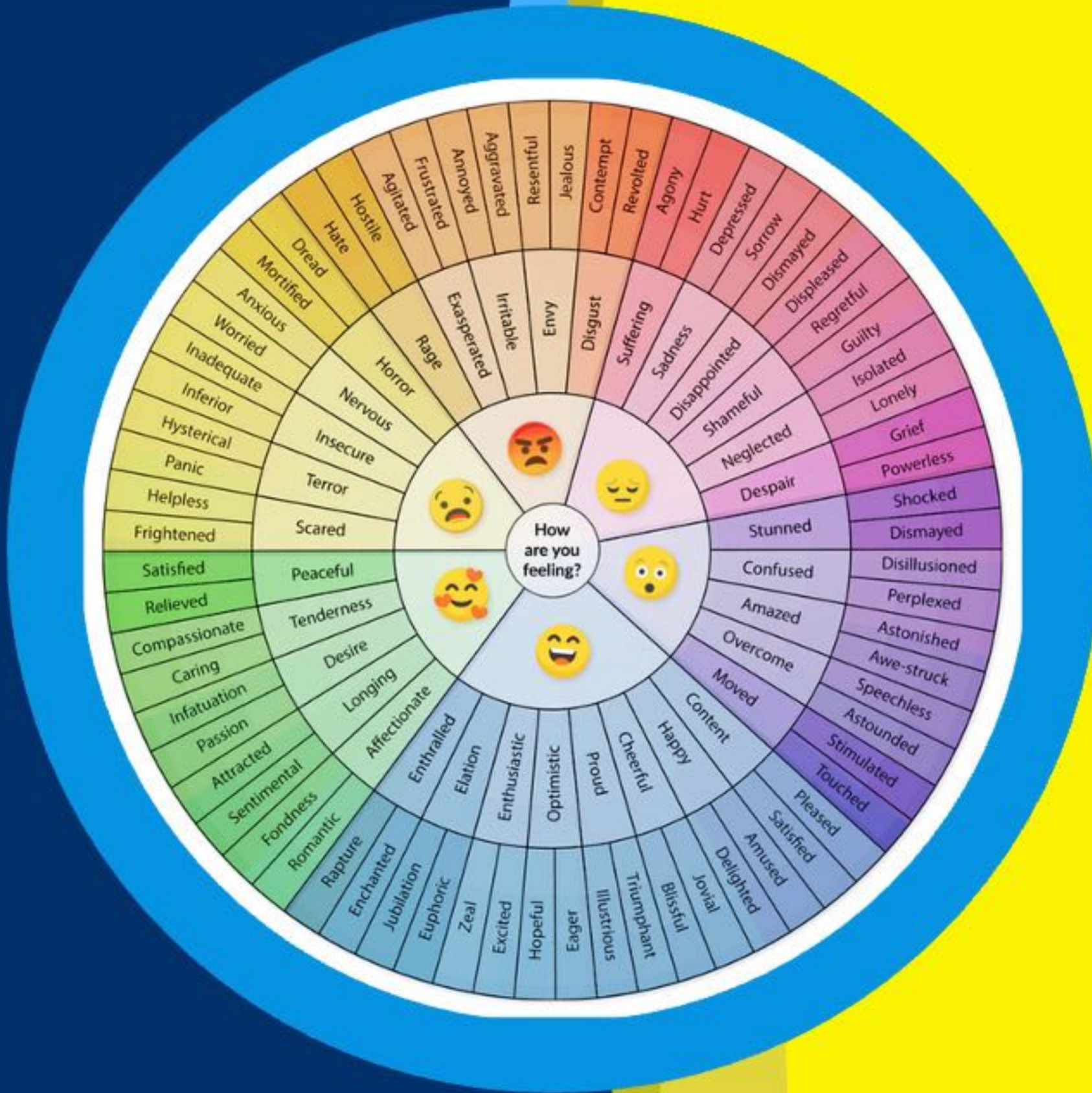
BIGGER
THAN BREAKFAST



JOHN 11:32-36

WHY DO WE HATE VULNERABILITY?

Jesus went to the village of Lazarus, Mary and Martha's brother, and it says, "Now when Mary came to where Jesus was and saw him, she fell at his feet, saying to him, 'Lord, if you had been here, my brother would not have died.' When Jesus saw her weeping, and the Jews who had come with her also weeping, he was deeply moved [feeling word] in his spirit and greatly troubled [another feeling word]. And he said, 'Where have you laid him?' They said to him, 'Lord, come and see.' Jesus wept. So the Jews said, 'See how he loved him!'"





EXAMPLES OF FATHER HURT

- YOUR DAD WAS A PHYSICAL NEEDS PROVIDER, BUT NOT AN EMOTIONAL NEEDS PROVIDER
- YOUR DAD ALWAYS FOUND A WAY TO DISCOURAGE YOU
- YOUR DAD TOLD YOU, YOU WERE DUMB
- YOUR DAD WAS AN ALCOHOLIC
- YOUR DAD HAD A MENTAL ILLNESS
- YOUR DAD WAS PHYSICALLY VIOLENT



1 SAMUEL 23:1-3, 30:7-9, 2 SAMUEL 2:1-2

ASK GOD FIRST!

- Shall I go and attack the Philistines?
- Shall I pursue after this band?
- Shall I go up into any of the cities of Judah?



ISAIAH 40:29

YOU HAVE THE ABILITY TO DO THIS!

He gives power to the faint,
and to him who has no might
he increases strength.



ROMANS 8:24–25

THERE IS HOPE!

Now hope that is seen is not hope. For who hopes for what he sees? But if we wait for what we do not see, we wait for it with patience.



5 PRACTICAL WAYS TO HEAL

- WRITE A LETTER
- VISIT A MEANINGFUL PLACE
- OPEN UP TO YOUR SIBLINGS
- SHARE WITH A COUNSELOR
- RE-PARENT YOUR MEMORIES



PSALM 34:18

The Lord is close to the brokenhearted and saves those who are crushed in spirit.



JEREMIAH 17:14

Heal me, O Lord, and I shall be
healed; save me, and I shall be
saved, for you are my praise.



2 CORINTHIANS 13:11

Finally, brothers, rejoice. Aim for restoration, comfort one another, agree with one another, live in peace; and the God of love and peace will be with you.

Next Steps

1. Trust in Jesus with your life!
2. Connect with some other men...summer study, LBS, etc.
3. Conquer (Wed. At 6:30p on 5th floor)
4. Counseling at Houston's First
5. Prayer (around the room)
6. Engage with Matthew after this.