

Title: Breaking Through The LIDS In Our Lives

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Topic Sentence: God made us for a purpose, We need to break through the LIDS in our lives to step into the season that God has for us.

NOTE: The following transcripts were automatically generated, please excuse any errors.

I wanna talk to you guys today about
lids and the lids that are put on us and that we
we have in our lives
so I think it was about 15 years ago or so
my wife and I were looking for some friends
we were feeling pretty alone um
we had moved back from Oklahoma
we had moved to Oklahoma for a couple of years um
in a to be part of a ministry
and we'd moved back and we were looking for some um
friends that were similar to us
in their thinking and their seriousness in their faith
and we were attending a church that was super fun
was a mega church
great worship
super fun lots of lights big budget
but there weren't a lot of serious people there
that were just really
super serious about their faith
and we found some
we found another
family that was super serious about their faith
and we really latched on to them
and they was like refreshing
and we became really good friends with them and it was
it was wonderful actually
so time progressed and um
they were entrepreneurial
we were entrepreneurial and we had
had run businesses and they had run businesses and
and we ended up actually starting uh
business with them

and that business
you know had UPS and downs and
turns and left and rights and
different things like you'd imagine
and uh it went
well for a while
but then there was this point
where the Lord was really asking us to take a turn
he's really asking us to actually move away
from them and
and actually
the relationship became a crutch and uh
we didn't wanna do that
we had grown used to the crutch
we had grown used to the relationship
we've grown used to the
the feeling in fact
the Lord had asked us to do certain things like
especially with business
and you know
as I thought back about this over the last couple days
I really feel like he was asking us to step
out and do some of these things on our own
but we didn't we
I mean at the time
it seemed like it made sense
but looking back at for sure
didn't we we
we went with them
we we took them with us
and what happened over
a period of five or six years was
a really horrific
breakup of that friendship
a destruction of some businesses
and some pretty
difficult and powerful lessons
lessons that have taken years
deliverance prayer
a lot of a lot of time to
to really take to heart and to fully learn
and I believe that um

if we would have kind of listen to the Lord better
we wouldn't have had to go through so much of that
but sometimes we do right
sometimes you do
so I wanna talk to you guys about three lids today
so before we do that though
I wanna set something up in a way so that
you understand why this is so important
so I believe that God created every single person
on purpose and for a purpose
by a design that he came up with
so I think this is pretty
it's pretty
I don't know simple
but it's easy to overlook
it really super easy to overlook so first
let me let me
let me read Ephesians Ephesians 2:10
see if you have your Bible turn
Ephesians 2:10
this is very common
everybody's familiar with this
for we are in his workmanship
created in Christ Jesus for good works
which god prepared beforehand
that we should walk in them
so I propose that God created us before the world began
in his mind
he knew what we were gonna be
he created us for a specific purpose
and that purpose is always gonna be tied
I believe to a couple of things
first of all
I believe that he's called the church to a purpose
a very high level purpose
we find that in what's commonly called
the Great Commission
I'm gonna read that
about that in just a second
but that's to go into all the world
and then the church is made up of families
and individuals

so he gives each of those groups a purpose as well
and then all the way down to the individual level
and I believe that this is very
very foundational for understanding
so we're all
designed to be part of this great
story that he's knitting together
let's go ahead and turn the Mark 16:15
real quick 16 fifteen
now some some
some of your bibles may say
that this passage isn't included in all the manuscripts
so I'm gonna read from Matthew as well
but I love this one for a couple reasons
so I'm gonna read that Mark 16:15
and he said to them
go into all the world
and proclaim the gospel to the whole creation
the whole creation
whoever believes in his baptized will be saved
but whoever does not believe will be condemned
and these signs will accompany
those who believe in my name
they will cast out demons
they will speak in new tongues
they will pick up serpents with their hands
and they will drink deadly poison
it will not hurt them
they will lay their hands on the sick
and they will recover
so that's pretty rad
let's look at the Matthew Version 2 just
just because some people be bothered by that
manuscript thing
Matthew 28:19 by the way
these two Great Commission passages were actually given
at separate times
so one was right before the Ascension
one was actually
um uh just before
while they were in the upper room
so Matthew 28:19

go therefore
make disciples of all nations
baptizing them in the name of the father
the son of the Holy Spirit
teaching them to observe all that I have commanded you
and behold I am with you always to the end of the age
go therefore and make disciples of all nations
not go make disciples in all nations
go make disciples of all nations
that's a grand call
that is a big call
that call takes preparation
that call takes equipping
that call takes perseverance
call takes faith and collaboration again
so assignment of the church
go make disciples of nations
so you got to go make disciples in the nation
and then you'll reach a tipping point and then
you can actually have the nation become a disciple
so underneath that assignment of the church is
the assignment of the family and couples and
and then below that is the assignment of the individual
so all of these are tied together
for God's purpose right
god made us for a purpose
on purpose by a special design
so
if that's true right
then we probably should take that seriously
okay um now
what I grew up believing was that what that meant was
if you were really holy and righteous
then you were supposed to be a missionary
so you could go into all the world
which is totally cool to be a missionary goal
that's absolutely critically important
evangelism is
is is very important
but actually
as I've Learned and step back
it's it's actually much more broad than that

it actually is
a design that god has created for every single person
put on to their life
he's made them each with a special
super secret
amazing recipe that only they can have
to fulfill their part
so he's actually created a scenario
where he actually needs us
but god doesn't need us
theologically right
he doesn't need us
but he created
a situation where he needs us to do our part
so that's exciting
I mean right
I mean could be a little scary
but could be exciting so okay
so if that's true
um then let's talk about the enemy for a second
now I don't wanna give the enemy
more airtime than he's worth
but I do believe it's super important to uh
pay attention and understand the strategy of the
one that's gonna try and corrupt what God is trying to
ask us to partner with him in
so if god created a plan in an assignment
he asked us to do it
it was to go into all the world
make disciples of nations
and we each have a part to play in that
that is amazing and unique to us
then the enemy wants to come in and corrupt that right
super simple
like military strategy
his goal stop what God's doing
our goal not let him stop what God's doing right
so I believe the primary way
one of the primary ways that the
enemy does this in our lives
is he creates these things that I call lids that are
you can call them thinking

you could call them belief
systems you could call them lies
he creates these lids
and then he weaves a story for us
so that we then make agreement with these lids
so has anybody read the book from John Maxwell
21 Irrefutable Laws of leadership
oh my goodness
you guys need to read it
Maggie read it um
it is a it's a business book
he's a he was a Christian pastor
it's one of the top leadership books in the world
millions of copies have been sold
it's amazing
one of the laws of leadership that he says is
the law of the lid
and that's largely what I'm talking about here
and that is
wherever your organization at
what John Max will say was
wherever your organization is
that if it's a five
you you no matter what you do
if you as the leader
if you're at a 5
the organization can never get through that lid
you're gonna always run up against the lid every time
you're gonna hit the lid
so that's what John Maxwell calls the law of the lid
it's it's a powerful concept
super powerful concept
when I read that book 10
12 years ago
it really changed my life
because I started to see this in every area of my life
not just in business
so there's lots of lids that the enemy can create
but when there's a lid
whatever it is
let's say that you
god would have you be a 10

and the lid that you've made agreement with
with the enemy has you at a 5 or a 4 or a three
and God's next for you is a 7
you're not getting there through the lid
that's not gonna happen
it can't happen till the lid is removed
it it can only happen once the lid is removed
so there's tons of different ways you can do this
I'm gonna talk about just three this morning identity
relationship and faith
so first one
let's dig into identity
did any of you guys attend the first
Ed Rush God Talks event okay
that was super awesome
Ed Rush is amazing
I loved the event
he did an exercise that has really stuck with me a lot
I'll tell you in a second
so this exercise he did
he was doing these things where
he was teaching people how to hear from the Lord
very basic very powerful
and he would do a little exercise
and then he'd say
listen to the Lord
the Lord would then tell you something and um
tell you a lie that you were believing
and then he would
take everybody through activation to break that lie off
right so listen to the Lord Father
what is the lie
on believing about such and such okay
I got my lie
write it down
and then an exercise to break off the lie super cool
so what was powerful is he did this exercise
and it was a lie
and this was a business focused event
so the lie about the business people in the room
what was holding them back
from taking their business to the next level

so he does a little thing
and everybody writes down their lies
and then he says
okay person they were sitting right there in that chair
he said okay
you go first
raise your hand if you can tell you lie
this person raise their hand
raise their hand
he hands up the microphone
they say and they read their little paper
my the lie I'm believing is that I am not equipped
to do the business god called me to do
and it's all wait wait wait
stop right there
raise your hand in the room
if you also wrote down that lie
and 80% of the room raise your hand
it freaked me out
they wrote down the same lie
the lie was I'm not equipped to do this thing
I think God's called me to do
I was like what
they all raise their hand it was crazy
eight out of 10 people wrote the same lie down
so what does that mean
that means that it's super powerful
and it means the devil's not that creative
let's go to Jeremiah 1 4
Jeremiah 1 4 now the word of the Lord came to me
is Jeremiah speaking came to me saying
before I formed you in the womb
I knew you and before you were born
I consecrated you
I appointed you a prophet to the nations
that's a big
that's a big call
then I said
this is Jeremiah
oh Lord God
behold I do not know how to speak from only a youth
and the Lord God said

do not say I'm only a youth
okay so let me read
this is good you guys
let me read that again
so the Lord said
I appointed you
consecrated you before you're born
prophet to the nation's big call
Jeremiah says Lord
I am just a youth
I don't know how to speak
and the Lord said to me
do not say I am only a youth
for to all whom I send you
you shall go
and whatever I command you
you shall speak
do not be afraid of them
for I am with you to deliver you
declares the Lord
then Lord put his hand and touched my mouth
this is Jeremiah talking
and the Lord said
behold I have put my words in your mouth
see I have for you this day over the nations
over kingdoms
to pluck up and to break down to destroy
to overthrow
to build and to plant okay
there's a lot in there you guys
there is a ton in there um
I think sometimes we need to simply accept
the identity the lord's given us
what if we just accepted the identity
the Lord has given us
instead of the Lord saying
hey I have something super big for you or like
what is it no
it's gonna be amazing
it's really big
it's important what is it
I want you to be a profit to the nation's

I'm just a youth
I don't know even what to stop saying
I'm just a youth
I am going to empower you
so a couple of things that are amazing about this one
he was like
it doesn't matter
cause I'm going to enable you
doesn't matter that you're young
doesn't matter
I'm gonna enable you
and if you make partnership with me in this
the nations will succumb to the message sort of speak
I mean it's cross six verses
but that is what he's really saying here
is if we are bold enough to say yes
then he's gonna
he's gonna pave the way
doesn't mean it's gonna be easy
but it means it'll happen
if we as a church made up of individuals right
if we as a church
but made up as of individuals
actually are gonna step into the next season
we're going to have to be okay
with the identity that God gave us
I love love
love the way Bill Johnson says this one little thing
he's said it lots of times
people come to him
this is what Bill says
people come to me and ask me to pray for them
that they would discover
or that I would share with them
God's will for their life and I say
I already know what God's will for your life is
heal the sick
raise the dead
cast out devils
heal lepers
and they're like
whoa I'm saying

should I be married or not
he's like I don't know
pick then heal the sick
raise the dead
cast out devils
and and cleanse lepers no no no
I'm not sure
should I take this new job
I'm gonna have to move my whole family to
the east coast
I'm not sure
just once you decide
heal the sick
raise the dead
cast out devils
and cleanse lepers
I think we get confused sometimes about our assignment
and the tactical parts of it and living it out
so I guess the question is
for all of us right now about identity
the lid of identity is what
what are the parts of the identity
that the Lord has been whispering
speaking screaming
skywriting megaphones
Goodyear blimp
this is your identity
and you're like
uh well I don't know
I'm just a kid
Lord or Moses
I don't speak very well
like what would happen if we actually just said okay
you know what
you said this is who I am
this is who I am
what would it look like
how fast would we reach that tipping point that we were
hearing about earlier
if everybody in the church
actually said yes to their assignment
cause God's gonna get this done right

like he's gonna get this done
but it's so like if we aren't willing to do our part
he he's gonna find someone else
right but man
wouldn't it be more efficient
and just easier if we just said yes
okay
so think about together what it would look like if we
stepped in unison into our identities fully
completely 100%
we broke through the lid
the lid that says I'm not good enough
I'm not equipped
I know you asked me to do this
but I don't think I can have someone else
call someone else Lord
I don't speak well
ask someone else to do I profit of the nation
sounds like a big deal
sounds like I don't wanna screw it up
I'm really afraid I'm gonna screw it up
in the Lord says stop saying you're a youth
you've got me
okay wanna go into another one
and this one I'm just gonna pre warn
you can be offensive if you if you don't take it right
so um possibly Bobby can clean it up next week
but let's talk about the lid of relationships
this is so difficult
let me set this up
let's go to Genesis 12 1 we'll start a Genesis 12 1
now the Lord said to Abram
go from your country
and your Kindred and your father's house
to the land that I will show you
go from your Kindred and your father's house
go from your country
your Kindred and your father's house to the land that
I will show you and I will make you a great nation
I will bless you and make your name great
so that you will be a blessing
I will bless those who bless you

and him who dishonours you
I will curse and in you
all the families of the earth shall be blessed
so Abram went
as the Lord told him
and lot went with him
so I I propose that it was pretty clear
pretty clean
the command
go from your country
and your Kindred and your father's house
go from your country
your Kindred your father that's like go take your wife
I'm assuming one flesh thing
and go not take lot
not take lot why did he take lot
I don't know I'm not sure maybe he like lot
listen to this one guy talk about this similar concept
and he said lot was a lot of trouble
so let's skip down to Genesis 13 5
and lot who went with Abram
also had flocks and herds intense
so the lure
so the land could not support both of them
dwelling together
for their possessions were so great
that they could not dwell together
and there was strife between the herdsman's of Abrams
livestock and the herdsman's of Life's lots livestock
then Abram said a lot
let there be no strife between you and me
and between my herdsman and your herdsman
for work Kinsman
it is not the whole land
before you separate yourself from me
if you take the left
I'll go to the right
if you take the right
I'll go to the left
and lot lift it up his eyes
and saw that the Jordan Valley was well
watered everywhere

like a garden of the Lord
like the land of Egypt
so lot chose for himself all the Jordan Valley
and lot journeyed east
thus they separated from each other
Abram settled in the
settled in the land of Canaan
while lot settled among the cities of the valley
and moved his tent as far as Sodom
so let's skip to 13:14
the Lord said to Abram after lot had separated from him
the Lord said to Abram
I don't know why Siri is interrupting this message
she says she says
I'm sorry I'm still not sure about that um
so the Lord said Abram
after lot had separated from him
lift up your eyes and look from the place where you are
northward and southward and eastward and westward
for all the land you see
I will give you and your offspring forever
I will make your offspring the dust of the earth
which means a lot um so that
if one can count the dust of the year through offspring
offspring can also be counted
lot was I would propose that lot was
had to go before the
so the Lord said to Abram
after lot had separated from him
lift up your eyes and look
the trouble didn't end there
the lot moved by Sodom and Gomorrah
these other kings did not like those guys
they came in
they took over the cities
they captured lot
Abram had to send a private
army of 300 dudes to go in there and rescue
like he was just never ending trouble with this guy
and it just really caused me to reflect on
a time in my life when
I was holding on to some relationships that were a lid

so here's where it can get a little bit
sensitive um
I'm not saying that relationships
are the same thing as caring for people
so you have to be careful how we decide relate
assign the word relationship
the definition we give it
because it gets very genericized
so Jesus set this example of
of loving everyone
and he told us to especially care for certain groups
widows orphans
like he set this pattern
so you got to be really careful when you say
the word relationship
but he also had a different pattern that is
very often overlooked
he spent his very short ministry of three years
with a really small group of people
super small
and even more time with a really
really small group of 12
and even more time with a really
really small group of three
he was really purposeful
about the relationships that he had
he was really very persible
he purposeful about those relationships
and I feel like in my own life
and also what it looks like
Abram did was I tried to drag a relationship
into the place God was taking me
and it didn't work
so God told Abram go
leave those guys go
and he partially obeyed
but partial obedience is actually disobedience
it's not like
well I you know like okay
but like lots pretty cool
he's a good road trip guy
like they didn't work

it was it was a nightmare
partial obedience isn't obedience
it's disobedience
so the relationships that we have in our lives matter
there's this quote from this
this really powerful speaker
Jim Ron you guys ever heard of Jim Ron
you are the average of the five people
you spend the most time with
oh oh hmm
I'm definitely not saying cut people off
unless God's asking you to
I'm saying we need to be thinking a lot more
about what God's asking us to do
and who are the people that we need to have in
our lives that we're pouring into
and that are pouring into us
cause if we don't
we're gonna create a lid
I can tell you from personal experience
that this happens
Abram could tell you from personal experience
that there's a lid that can happen from relationships
and sometimes it's the relationships you want
sometimes it's not the person you need to leave
sometimes it's the one you wish you had
and you're constantly trying to
cultivate a relationship
and it's not time for that relationship
oh if I could just get more time with you know
such and such
hmm
it's counterintuitive but again
if we look at Jesus's life
you'll see that he spent
the most of his time pouring into 12 people
and even Oregon with a three
and those 12 which then became 11 and then 12 again
they literally
they literally changed the course of humanity
the whole world
even if god doesn't exist and Christianity isn't true

that situation over three years changed the whole world
like that's the impact they had of purposeful
removing the lid relationships
it's crazy okay
it's counterintuitive
so as we move into the next one
I just want you to think about the people in your lives
and I want you to think about the last
you know years of your you know
the last period of time that you've come through
and think about the people
that were close relationships in the past
and think about where god has you now
and think about
you know maybe
what it would look like if you didn't move beyond those
and then I want you to think about
you know where
where in your life right now are you like
are there people that you need to move away from
or move towards
or people that you need to change the dynamic
maybe it's not move away at all
maybe it's just change the dynamic of the relationship
so it's more healthy
maybe there's some people
that speak tons of negativity all the time
and maybe the lord's not asking you to cut them off
maybe he's asking for you to put your foot down
about the negativity
let's move to the lid of faith let's go to Mark 9
and they brought the boy to him
and when the spirit saw him
spirit and the boy
uh he immediately convolt
immediately convulsed the boy
and he fell on the ground and rolled about
foaming at the mouth
and Jesus asked the father that was with his son
how long has this been happening to him
and he said
from childhood

and it's often
cast him into the fire and water to destroy him
but if you can do anything
have compassion on us and help us
and Jesus said to him if you can
all things are possible for the for
for one who believes
immediately
the father of the child cried out and said I believe
help me with my unbelief
and when Jesus saw that crowd uh when G
and when Jesus saw that a crowd came running together
he rebuke the unclean spirit
saying to it
you mutant deaf spirit
I command you come out of him and never enter again
after crying out and convulsing him terribly
it came out and the boy was like a corpse
so that most of them said he's dead
but Jesus took him by the hand and lifted him up
and he arose
I wanna briefly
look at the
the same account in Matthew real quick
Matthew 17:18
and Jesus rebuke the demons same story
and it came out of him and the boy was healed instantly
then the disciples came to Jesus privately afterwards
and said why could we not cast it out
and he said to them
because of your little faith
for truly I say to you
if you had faith like the grain of a mustard seed
you will say to this mountain
move from here to there
and it will move
and nothing will be impossible for you
so I wanna look at two critical parts of this story
the first is that the father came to Jesus right
he quickly made a decision to remove his own lid
when he said
I believe help me with my unbelief

that's him taking his lid off
I believe that is him taking his lid off
his lid of faith
I believe oh
my goodness
there's no lid
help me with my unbelief
it's a lot safer with the lid by the way
the second part comes from the Matthew account
talking about the mustard seed
um this is like a super common passage right
constantly talk about the mustard seed
um the phrase
small as mustard seed was common in that time
so like it seems weird to us
we don't know size of mustard seeds and stuff like that
but in that time
it was common
so the mustard seed is super
super tiny um
it's it's it's really tight like smaller than a BB
about half the size of a BB if you know how big that is
and so a lot of times what people say about this is
oh it's the
it's just that they had a tiny amount of faith
but it back in this time
they would have understood it mean
it meant more than that
it meant um
the longevity as well
because it took a lot of time and effort to cultivate
the mustard plant into a full grown plant
can you pull up the screen
so this tiny
tiny mustard seed
when given what it's needed to
the whole way actually becomes this enormous plant
people say mustard tree
there's no such thing as actually a plant in the US uh
they never really get this big
because the way we do our farming
but this is

this is kind of what they would have been shooting for
as farmers back then
and in this
it's not just that it produces a lot of these seeds
which they make mustard out of in this
it actually is a whole ecosystem for animals in there
cause this is a desert
so they would have
understood this analogy better than we did
it's first the size is important
look it's just a little bit
the second part is the purity of it
like a mustard seed is a good example
because of the fact that this was a spice that was
that was important
the third is the longevity of it the perseverance
the time it takes to cultivate to do the hard work
to create the situation where
you actually have something like this
so Jesus actually saying all these things are important
you need to have it
you need to water it
you need to cultivate it
you need to press into it
you need to believe that it can
and you need to actually create the scenario
that allows it to come to growth
to become a mature plant
and sometimes I feel like we kill our seed size faith
because we haven't done the work to let it grow in
the first place
what would happen if we stop doing that
what would happen if we actually
took the time and effort to water the faith long enough
with enough perseverance
but the thing is
the enemy knows us better than ourselves
and he knows exactly what to whisper into our ear
hey
remember that promise
that you were gonna have this or this was gonna happen
or this person would be reconciled or whatever

didn't happen
so uh guess it's not real
is a lot of times we create
we get a promise
we get a word
we get we hear something from the Lord
and then it's true okay
but then we
we don't get all the other details
and we want them real bad
who wants the details really bad
raise your hand
absolutely super bad
this is gonna happen in your life
God says okay
I really wanna know the plan
that sounds great
but I really wanna know the plan
God didn't give the plan
so we naturally
this is not a bad thing really
we naturally make up the plan in our mind well
if the Lord said this
then what he's gonna do is he's gonna do this one
and this one and this one and this one
and then it's gonna be like this
and then what happens is that doesn't happen
the plan doesn't work the way we think
and then all of a sudden
we're like God
your promise isn't real
he's like what are you talking about
he's looking down at the water bucket
and it's still filling
and he's like
it's everything's going perfectly
there's no leaks
water buckets filling
I'm about to dump it on my time
and you're like
oh this isn't working
it's not working

God's looking down
probably shaking his head not really
I think that we create these lids we don't create them
I believe the enemy sets them up
they look real good to us and we agree with them
we let things kind of control us in a way that is
unreasonable
they're not
it's not really there
there's no actual reason for it to control us
so there's this story
you guys probably heard it about the elephant and
the guy that's traveling to this country
and he sees these elephants
tied with these little strings
little tiny little rope
and he says
I don't that doesn't make sense
that elephant is massive
that tiny string couldn't hold the elephant
you guys probably heard this super common right
huge elephant
that what what is the string gonna do
so he asked the
the caretaker of the elephant
the caretaker says oh
well no problem
I'll tell you how this works
when the elephants are babies
we use this rope
we tie them up
they're only this big
so the rope holds them just fine
and we just keep using the same rope their whole life
and then when they're full adults
they just they don't know any better
when they're young
they pull on the rope
they try to get rid of the rope and they can't
they're not big enough
they're not strong enough
they try and they try and they try

and then they learn oh
can't break the rope lid
can't break the rope lid on your life
grow up break the rope like this
if you wanted
just break the rope like this
God takes you to a new place
in your relationship with him
and you could just it's nothing
it is nothing
but you're like oh
I got the rope
no there's no that's not a barrier that lid isn't there
that it it is there
I remember when I was a little elephant
I couldn't break it
it doesn't matter
like that's nothing for you now
you're massive
sometimes these lids aren't even there you guys
sometimes they're not even there
I wanna share a video real quick
and then I'll wrap this up
this is a pretty common story
it's Roger Banister
but let's go ahead and play this video
I actually sped
it's a four minute video
but actually sped parts of it up to make it a little
bit quicker
so it's it's about a guy running
so when you see him running hyper fast
that's not a supernatural thing
it's just me speeding it up
let's go ahead and play the video
up for the start in this race
between the three A's and Oxford University
he knew that he had two colleagues with him
who'd help him beat that time
this is the story of the race
in one continuous film sequence
a sequence that runs just under four minutes

everything went to plan
Chris Bracia
with whom Banister had been training
took the lead
Banister lays second
and Chataway was coming up into third place
150 yards gone and it's Bracier first
Bannister second Chataway third
that was the way the three of them had planned it
ratio to set the pace at first
Chataway to take over later
the end of the first quarter mile lap time 57.4 seconds
they were ahead of the clock
and still ratio set the pace
Banister second Chat Away third
the end of the second lap and half a mile gone
time 1 minute 58.2 seconds still ahead of the clock
but there was another half mile to go
could they keep up the pace
11 yards gone and Chataway starts to spurt ahead
he overtakes Banister and then Braysha
and the gallant Braysha
having achieved his selfless pacemaking task
drops behind
now it's Chataway leading
Banister second
the three quarter mile Mark and the time
three minutes
not point five seconds
then Esther
still in second place
would have to do his final lap almost as fast as
his first one to beat the four minute mile
250 yards to go and Bannister takes over
watch his John Stry take him to the front as he races
the last lung bursting furlong to the finishing post
this was it
the final effort against the seconds that have kept him
and many others from the four minute mile
the tape is broken and so is the record
athletes of long been dreaming about
but at first

Banister knows little about it
he stumbles into the arms of his coach
completely exhausted by his magnificent effort
so if you guys ever seen that
heard of that
so Roger Banister was the first
person in the world to break the four minute mile
so here's why
that was in 1954
here's why that's important
up to this point scientists
health professionals coaches
athletes had determined that it was impossible for a
human to break the four minute barrier
they just believed it wasn't possible
didn't really have any evidence
they just believed it wasn't possible
that's what happens when you base your beliefs
you base your theology on your experience
not what God says
so like they believed that cause no one had
just no one had
so there's a couple things that happened here
I mean there was some teamwork at play
there was a plan
it was an incredible effort
there was a lot happening in the world at the time
there was a lot happening with athletics at the time
there's a lot of factors okay
there's been a lot of analysis like how this happened
a lot of factors
but at the end of the day
it was a mental barrier
you know why
you know how I know that
because just 46 days after Banister did this
John Landy Australian runner not only broke the barrier
but did three minutes and 58 seconds
so just so you understand
two seconds at this level is a massive
a massive difference
just a year later

three runners broke
the four minute barrier in a single race
today the world record is 3 minutes 43 seconds
that is smoking fast
that is crazy fast
and 16 people
have broken that four minute barrier since 1954
that was a mental lid
obviously there's
there's advances of training and certain things
so you know
there's there's things that have
that have helped these runners
but the real limiter was the
the belief that it was impossible to break the 4 minute
mile 3:43 is the current it was just like
I think last year the year before 3:43 folks
that is so much faster than four
it's like anybody that's a runner knows this
like that is a massive
massive difference
16 people broken this record
all because there was a lid that was removed
by one person setting the example
so you know
as we kind of as we kind of wrap this up here
I just want you to re think about these lids
the lid of identity
where in your life is God telling you you're something
or to be something or you're good at something
or you're gonna be good at something
or you're gonna step into something
and you're saying hmm
I'm just a kid
I don't know how to speak
I'm not sure
where are the places in your life that your identity
you've made agreement with the devil
and he's told you something that's not true
and you said that sounds pretty good
let's go with what you're saying
it's a lot easier than the fear

I have about doing this big thing God's asked me to do
so what are the areas of your identity
that you need to have broken through
the lids that need to be removed
second one is the relationships again
I wanna I can't stress enough
I'm not saying
cut everybody off in your life
because they irritate you
cut everybody off in your life because you don't
agree with them
a lot of times the people that irritate you
and that you don't agree with
are the exact people the Lord has put in your life
so don't misunderstand what I'm saying
I am not saying
cut people off cause you don't agree with them
I am saying to get with the Holy Spirit and ask him
if I if is as Jim Ron says
if I'm the average of
the five people I spend the most time with
who Lord are you asking me to invest in
who Lord should be
should I allow to be investing in me
and what are the lids
the relationship lids that maybe we need to take off
and then the
the third one is what are the lids of faith
the belief the bad beliefs that we've got in our lives
that we are making agreement with
that are a four minute mile barrier
it's not actually a lid guys
there was no lid
preventing mankind from breaking four minutes
even though the experts said yes
that's like the devil
yes there is there's
you can't do it
it's not possible
on pace to beat the four minute mile at the third lap
quarter mile left to go
remember it's not possible why don't you slow down

what lids that aren't even there of our faith
are preventing us
from actually stepping into the next season
because if this thing is true about the tipping point
and things are about to get crazy
and are already getting crazy
and if what Chris Read
said in that word
that we have come through this Psalm 22
now we're stepping into the joy of Psalm 23
is actually all happening
that we need to get these lids off of our lives
we need to break through these lids
so I'm gonna pray and I just
I just ask that you guys would think talk
spend some time with the Holy Spirit as I'm praying
and ask him to reveal to you to
to show you the lids
the identity lids
the relationship lids
the faith lids
could be something else too
there's a lot of different
belief structures and lies that the enemy speaks
that become lit
it's not just these three
these are just the three I decided to talk about today
father thank you for what you're doing
thank you that you created us right now
that before the world was created
before the earth began
you already knew about right now
you already knew about where we would be
right this second
you knew it
you made it on purpose
and you created us for it
and you you made it a situation come to play
where we are here right now
with everything that you've put into place for us
so thank you for doing that
thank you for the opportunity you've given us right now

and thank you for the tipping point
as you're spilling
you're dumping this massive
bucket of what's next for us
of your blessing
of your love
of where you're taking us
as that pours out
we just say yes and amen to our part in it
and I just pray for myself and everybody else
that we would have the bravery to
to break through and remove the lids
that we would actually have the bravery to do that
that we would have
the I don't know
it's just the
the bravery
like Jeremiah
we would say oh Lord
I don't know
like I'm just a kid
no don't say you're just a kid again
that was a rebuke from the Lord no
remember who I made you
so we say yes to who you made us to be
we say yes to
the people that we're supposed to be pouring into
that are supposed to pour into us
we say yes to the faith
and the removal of all these false lies
false beliefs
false thinking
we just say that now is the time
and we believe
and we wanna step in and believe
and say yes to what you have for us
and even if it's like hmm
I don't know
even if it's the third lap and the devil's whispering
it can't be broken
you say no I'm breaking it right now today
today is a day where that breaks off

and we fully step forward into what you have
we break through the lids
so thank you for all that you're doing
thank you for all that you're gonna do
we love you Jesus
we say yes in amen
in Jesus name amen