

# Lesson Two

## Hebrews 3 & 4

The next hurdle for the author of Hebrews is to convince the Jews who profess Jesus as their Christ that he is better than Moses. The religious leaders of Jesus' day continually confronted Jesus with the teachings of Moses to show Jesus was not who he said he was. In chapter 3, the author compares Moses and Jesus to show Jesus is far superior. This is revolutionary thought for a Jew of Jesus' day. This takes us back to our study of Exodus and the consequences of the ancient Hebrews when they did not believe the promises of the Living God.

1. Read Hebrews 3:1-6. Compare Moses and Jesus. Why is Jesus superior?
2. Read Hebrews 3:7-19. Verses 7-11 quote Psalm 95. Read Numbers 13:26-14:4. What did the people do to not enter the Promised Land? Read Numbers 14:20-24. What was the consequence of the people's disobedience and disbelief?
3. If unbelief keeps us from entering God's rest, how do we "cure" unbelief? See Hebrews 4:11-16. In what areas are you needing a booster shot of "cure"?
4. What did Jesus promise in Matthew 11:28-30?
5. God rested on the seventh day of creation, and He desires to give that same "rest" to His people. What does the term "rest" mean to you in your life? How do the circumstances of our lives keep us from the perfect rest promised to those who believe? If possible, share a story of how, during trials, you found perfect rest.
6. Read 2 Timothy 1:7 and Hebrews 4:16. How are we to approach the majestic throne room of God? What does that look like in your prayer life?

**Prayer** Heavenly Father, we come to you in need of rest and peace. Give us the tools to believe in the power of your sovereignty over the troubled circumstances of our lives. Help us to see past the here and now and into eternity. Because all things are possible for those who believe, help our unbelief. Lord Jesus, give us the faith to boldly come before your throne. Beckon us to come not in fear but in confidence and love. In Jesus' name we pray. Amen.