

December 4

When I'm Afraid

Read: Psalm 56:3-4 (NIRV)

When I'm afraid, I will trust in You. I trust in God. I praise His word. I trust in God. I will not be afraid.

Family Thought:

Even King David was afraid sometimes! But instead of letting fear control him, he chose to trust Yahweh. When we focus on who Yahweh is—powerful, loving, and always near—our fear begins to shrink and joy grows in its place.

Talk About It:

- What's one thing you can do when you feel afraid?
- How does trusting Yahweh help you feel more joyful?

Pray:

Thank You, Yahweh, for being trustworthy. Help us to remember Your love when we're afraid and choose joy instead. Amen.

🎵 Optional Song:

Listen to "Fear Not" together and sing!

