

## The Real Jesus

This passage is the end of the first section of the Gospel of Mark

Jesus is the promised Messiah (1:1-8)

Jesus is the Son of God (1:9-11)

Jesus is the king of a new kingdom he is creating through his disciples (1:12-15)

Jesus is the new authority (1:16-45)

Jesus is the Son of Man who forgives sin (2:1-12)

Jesus is the physician (2:13-17)

Jesus is the bridegroom (2:18-22)

Jesus is the Lord of the Sabbath (2:23-3:6)

Lord of the Sabbath – the climactic end of this section, the most incredible claim of Jesus yet

## The Sabbath and the Bible

Sabbath is a creation pattern for rest from labor

“<sup>2</sup>And on the seventh day God finished his work that he had done, and he rested on the seventh day from all his work that he had done. <sup>3</sup>So God blessed the seventh day and made it holy, because on it God rested from all his work that he had done in creation.” – Genesis 2:2-3

“Therefore the people of Israel shall keep the Sabbath, observing the Sabbath throughout their generations, as a covenant forever. <sup>17</sup>It is a sign forever between me and the people of Israel that in six days the LORD made heaven and earth, and on the seventh day he rested and was refreshed.” – Exodus 31:16-17

Sabbath is a spiritual promise of ultimate rest

“<sup>8</sup>do not harden your hearts, as at Meribah, as on the day at Massah in the wilderness, <sup>9</sup>when your fathers put me to the test and put me to the proof, though they had seen my work. <sup>10</sup>For forty years I loathed that generation and said, “They are a people who go astray in their heart, and they have not known my ways.” <sup>11</sup>Therefore I swore in my wrath, “They shall not enter my rest.” – Psalm 95:8-11

“So then, there remains a Sabbath rest for the people of God, <sup>10</sup>for whoever has entered God’s rest has also rested from his works as God did from his.” – Hebrews 4:9-10 (quoting Psalm 95)

## The Sabbath and Jesus

### Jesus’ argument

*“The greatest Israelite, David, broke the ritual law out of need and God honored his choice. God cares about the heart of the law, not the letter.”*

### Jesus remarkable other-consciousness

*His compassion*

*His fury*

*His sadness*

### Jesus’ incredible self-consciousness

## The Sabbath and You

### Sabbath means trusting in God’s provision for your life

### Sabbath means trusting in God’s provision for your soul

Resting from your works

Resting in your God-given, Jesus earned identity

Resting in assurance of his sufficiency for your salvation

## Questions for Personal Study

1. Do you try to practice Sabbath in any way at all? Do you get 24 hours of rest, consecutively, each week?
2. How did Jesus earn “ultimate spiritual rest” for you?
3. How is that future rest a present reality? Do you experience that, why or why not?
4. Why was Jesus so angry? Is it OK for us to be angry like him?