

Watch and Pray

In the Old Testament and New Testament of the bible, the night was divided into three military watches. Without a watch or guard, a city or village would be vulnerable to an attack of the enemy, and if unprepared, could suffer devastation.

The same is true for our soul. We are warned of our enemy and his relentless intent to overcome those who seek to follow Christ.

“Keep watching and praying that you may not come into temptation; the spirit is willing, but the flesh is weak.”—Jesus Christ (Mark 14:38, NASB)

Within ourselves, we are no match for the enemy. His power supercedes flesh and bone. He is a spiritual being with greater power and resources, and he is joined by a host of evil forces we cannot see or perceive.

To watch is to pray. Prayer is our greatest weapon against the enemy.

As Jesus said, our spirit is willing, but our flesh is weak. This means that our desire and intent can be set upon standing strong, but the power to do so, within our self, is not there. We need the power of God. We need the One who has the power to deliver us from the evil! We need the strength that comes from knowing the bible and being filled with the presence of the Holy Spirit.

The night is certainly upon us. Surely, we are living in a time of great spiritual darkness! The enemy is seeking all whom he can devour. My friend, if we are not watching and praying, his next conquest may well be you, me, or our family.

To my dear brothers and sisters in the Lord, I say to you, PRAY! Be ready for the enemy's attack! Are you under his attack now? Then PRAY! God is a very present help in the time of trouble, and He responds to the fervent prayer of the righteous!

“Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere.”— (Ephesians 6:18, NLT)

Never Stop Praying!

If only we could grasp the power and privilege of prayer. By the exercise of prayer, our spirit transcends into the holy throne room of God. In Christ name we are granted entrance into the divine presence of our heavenly Father. Time in prayer is time spent in communion with the Lord.

Consistency in prayer develops in us a sensitivity to the person and presence of the Holy Spirit.

The apostle Paul exhorts us to, “Never stop praying.” (1 Thessalonians 5:17, NLT)

Consistent prayer creates in us, what some like to call, an attitude of prayer. Simply put, consistent prayer keeps our spirit under the witness of the Holy Spirit (Romans 8:15-16). Even when we are not physically praying with our lips, our heart remains in close communion with the Lord.

Jesus taught His disciples to remain in Him, to remain in His word, and to remain in His love. Prayer plays a definite role in the duty of remaining. Prayer keeps our heart close to the heart of God, and with the aid of His word, it keeps us in His perfect light.

“But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin.”— (1 John 1:7, NIV)

Misguided Thoughts Concerning Prayer

“My prayer life is mediocre because things have been going well and I haven’t really needed anything.”

“I always pray when I have a need.”

“I say my prayers from time to time, maybe a little sporadic, but I am always so busy.”

“I pray but nothing really seems to happen.”

These thoughts are severely misguided about prayer.

PRAYER IS COMMUNION WITH GOD

Prayer humbles self and exalts God. Prayer pays homage to God.

Prayer seeks after God. Knowing God is the object of prayer. In prayer we make our appeal unto the Lord.

“As it is written, “There is none righteous, not even one; There is none who understands, There is none who seeks for God;” (Romans 3:10–11, NASB95)

It is an unrighteous heart which seeks not after the Lord.

Prayer is seeking the things from above instead of the things of the earth, (Col. 3:1-2).

Love for the things of the world exists in the absence of one’s love for God, (1 Jn. 2:15-17)

Repent, Humble Self, and Pray!

“If My people, who are called by My name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.” (2 Chronicles 7:14, NIV)