

Clearwater Community Church

Weaving Sunday's message through your week

Date: February 25, 2018 **Theme**: Theme: Remember the Sabbath: A Call to Rest **Passage:** Passage: Exodus 20:8-11

Summary: God's command for Israel to remember the Sabbath was an invitation to rest. It was to be a privilege rather than a burden. The Sabbath was to be a sign of God's covenant with Israel as given on Mt. Sinai. Join us this week as we look into the fourth commandment and consider what it means for believers today.

Outline:

- I. What did the Sabbath mean for Israel (vv. 8-11)
- Remembrance (v. 8)
- Representation (vv. 9-10)
- Rest (vv. 10-11)

II. What does the Sabbath mean for the Church?

- Receive receive God's grace and be blessed by God
- Rest quit striving, trust God, restore your soul
- Rejoice celebrate God's goodness and his provision and anticipate your ultimate rest in Christ

Discussion Questions:

1. Where are you prone to be self-reliant?

2. When is the last time you truly rested? What do you do to rest and be refreshed?

3. Do you see God's command to rest as grace ("get to") or burden ("have to")? Why?

- 4. How does rest help keep us from idolatry?
- 5. What drives you refuse/ neglect stopping to rest?
- 6. Do you see your typical busyness as noble or rebellious?

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