



THE THREAD

weaving Sunday's message through the week

Date: October 17, 2021

Theme: Living by the Spirit Produces Change (5–13).

Passage: Romans 8:5–13

1. The Spirit transforms the believer's mindset (5-8).
 - a. From natural desires to Spiritual desires.
 - b. From death to life and peace.
2. The Spirit enlivens our lives (9-11).
 - a. The Spirit dwells in those of us who belong to Christ.
 - b. The Spirit gives life to us even though our bodies are dying.
3. The Spirit enables progress in holiness now (12-13).
 - a. Submission to the flesh leads to death.
 - b. Putting to death fleshly actions by submitting to the Spirit results in life.

Main Idea: If we belong to Jesus, we have an obligation to live by the Spirit.

Application Questions:

- What does your mind dwell on during the day? What do you think about as you fall asleep at night? Would you say that your thoughts are governed by the flesh or by the Spirit?
- How can we go about setting our minds on things of the Spirit rather than the flesh?
- Why are verses 9–11 so encouraging to us as believers? What should this future reality cause us to be doing now (focus on the end of v. 10)?
- What does it mean that we as followers of Christ are under an obligation in v. 12? To whom or what are we obligated, and why is this not a contradiction to the truth that we possess freedom?
- What should *put to death the misdeeds of the flesh* (v. 13) look like in our lives?

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