



Small Group Study Questions

Week 2

2 Peter 1:5-8 (NASB)

5 Now for this very reason also, applying all diligence, in your faith supply moral excellence, and in your moral excellence, knowledge, 6 and in your knowledge, self-control, and in your self-control, perseverance, and in your perseverance, godliness, 7 and in your godliness, brotherly kindness, and in your brotherly kindness, love. 8 For if these qualities are yours and are increasing, they do not make you useless nor unproductive in the true knowledge of our Lord Jesus Christ.

Galatians 5:22-23 (NASB)

22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, self-control; against such things there is no law.

1 Corinthians 7:8-9 (NASB)

8 But I say to the unmarried and to widows that it is good for them if they remain even as I. 9 But if they do not have self-control, let them marry; for it is better to marry than to burn with passion.

1 Corinthians 9:25 (NASB)

25 Everyone who competes in the games exercises self-control in all things. So they do it to obtain a perishable wreath, but we an imperishable.

John 18:1-11 (NASB)

1 When Jesus had spoken these words, He went away with His disciples across the ravine of the Kidron, where there was a garden which He entered with His disciples. 2 Now Judas, who was betraying Him, also knew the place, because Jesus had often met there with His disciples. 3 So Judas, having obtained the Roman cohort and officers from the chief priests and the Pharisees, *came there with lanterns, torches, and weapons. 4 Jesus therefore, knowing all the things that were coming upon Him, came out into the open and *said to them, "Whom are you seeking?" 5 They answered Him, "Jesus the Nazarene." He *said to them, "I am He." And Judas also, who was betraying Him, was standing with them. 6 Now then, when He said to them, "I am He," they drew back and fell to the ground. 7 He then asked them again, "Whom are you seeking?" And they said, "Jesus the Nazarene." 8 Jesus answered, "I told you that I am He; so if you are seeking Me, let these men go on their way." 9 This took place so that the word which He spoke would be fulfilled: "Of those whom You have given Me I lost not one." 10 Then Simon Peter, since he had a sword, drew it and struck the high priest's slave, and cut off his right ear; and the slave's name was Malchus. 11 So Jesus said to Peter, "Put the sword into the sheath; the cup which the Father has given Me, am I not to drink it?"

QUICK REVIEW

What was one thing that Pastor Fred said in his sermon this past week that stands out to you?

DIGGING DEEPER

What are some things we restrain?

When you think of the word “restraint”, what kind of emotion or thoughts do you have?

Read 2 Peter 1:5-8

Do you have any new insights about these qualities from this past week?

Read Galatians 5:22-23

What fruit have you seen in your life this week?

Read 1 Corinthians 7:8-9

With this kind of restraint, why is it important? Are there any other Bible verses that help with this understanding?

DIGGING DEEPER

Read 1 Corinthians 9:25

What's a goal or project where self-control was needed to help you complete it?

Read John 18:1-11

Have you ever felt like Peter and reacted in a way that you regretted?

What areas are you in need of "restraint"? How can we pray for you?

TAKING IT HOME

Which point from this weekend's message or small group study is most important for you to remember?

PRAYER REQUEST

