



Dr Frank Turek

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Ice Breaker

What is one question about your faith that you have found difficult to answer when someone has asked you about it?

Key Verses

- 1 Peter 3:15
- John 14:6
- John 7:24
- Matthew 7:1
- 1 Corinthians 15:14

Questions

- Dr. Turek argues that Christianity is not just true for individuals but objectively true for everyone, like the law of gravity. How does that idea challenge or encourage your own faith?
- Have you ever encountered someone who said something like "you have your truth and I have mine"? How did you respond, and how might you respond differently after hearing this message?

- Dr. Turek describes the law of non-contradiction and how it exposes self-defeating statements. Can you think of other common cultural claims that fall apart when you turn them on themselves?
- Try and find as many self-defeating statements your group can in 5 minutes.
- Peter instructs believers to always be ready to give a reason for the hope they have (1 Peter 3:15). How prepared do you feel to do that right now, and what would help you feel more equipped?
- Dr. Turek points out that many people are not on a truth quest but a happiness quest, and that their resistance to Christianity is often a heart problem rather than a head problem. How does that change the way you might approach sharing your faith with someone you love?
- He mentions that our doubts are often emotional rather than intellectual, and that the evidence for Christianity does not change even when our feelings do. Have you experienced a season of doubt? What helped you work through it?
- Which Scriptures helped you through your season of doubt?
- Dr. Turek challenges the popular idea of "following your heart," arguing that our hearts are naturally inclined toward sin and that we need a Savior. How does the gospel speak directly to that reality in your own life?
- Jesus is described in this message as far more confrontational than many people imagine, willing to call out hypocrisy and injustice directly. How does that fuller picture of Jesus affect the way you think about speaking truth in your own relationships and community?

Life Application

This week, identify a couple people in your life who is apathetic or even hostile toward Christianity. Pray for them daily, and when the opportunity arises, ask them this simple question: ***"If Christianity were true, would you become a Christian?"*** Listen carefully to their answer. If they are open, offer to explore the evidence together. If they hesitate or say no, continue to pray and look for ways to lovingly point them toward the truth. Remember, your job is to share the truth with gentleness and respect, and to leave the results in God's hands.

Key Takeaways

- Truth is objective and universal. Statements like "there is no truth" or "you have your own truth" are logically self-defeating because they make absolute truth claims while denying that absolute truth exists.

Christians are called to give evidence for their faith. First Peter 3:15 *"but sanctify Christ as Lord in your hearts, always being ready to make a defense to everyone who asks you to give an account for the hope that is in you, but with gentleness and respect"* makes clear that belief is not meant to be blind but should be grounded in reason and evidence that can be shared with others.

- Doubt is often emotional rather than intellectual. The evidence for Christianity does not change based on our circumstances or feelings, and believers should learn to doubt their doubts rather than abandon their faith.

The resurrection of Jesus is the central historical event on which Christianity stands or falls. If Jesus truly rose from the dead, Christianity is true for all people at all times, not just as a personal preference.

- Following your heart without truth and moral restraint leads to bondage, not freedom. Real freedom is found in following Jesus, who declared Himself to be the truth that sets people free (John 14:6, John 8:32).

Ending Prayer

Lord Jesus, thank You for being the truth. Thank You that we do not have to guess or wander in uncertainty but can anchor our lives in the solid reality of who You are and what You have done. As we leave this time together, give us courage to speak truth with gentleness and respect. Help us to love the people in our lives enough to point them toward You, even when it is uncomfortable. Strengthen our faith with evidence, deepen our trust through Your Word, and remind us daily that You are not just our truth but the truth for every person on earth. May we live in a way that reflects that conviction. In Your name we pray, amen.