

How to Talk to People Conversations and Conflicts

11/02/25 – Pastor Zach

**James 1:16- 22, James 3:1-10, Prov. 18:21, Luke 4:22, Mark 10:49,
John 4, John 21**

Connect: What does it mean to bless someone else? How have you been blessed by someone? How have words hurt you? How have you hurt others with your words? How do you engage in Conflict?

Engage: Reread James 1:16-22, James 3:1-10.

What strikes you in these passages?

“Our speech and our listening reveal our hearts for people”

“If your theology doesn’t your change your behavior, what good is your theology?”

Zach has 3 movements

#1 We are created for communication. James 1:18, Genesis 1:3

- a. What was communication like in your family? Positive or negative?
- b. Paul Tillich – “Love listens” It’s the first act toward others
- c. How do you listen? Do you listen with distraction? Do you listen thinking of your response instead of listening?

2. Our ears and tongues have been twisted by sin.

- a. We often use words to get what we want. What does that look like?
- b. How does sin breaks conversation?
- c. Gary Thomas “We cannot love well if we are always defending ourselves. How does this show up in your life?
 1. Whose pain have you talked over?
 2. When have your words reflected fear rather than love?

#3. Christ can restore our hearts and transform our communication.

- a. Where do you need God to transform your communication
- b. Where do you have unforgiveness and anger about a situation?
- c. How do you think texting affects communication?

Apply: Take some time this week to pray and sit with these questions before the Lord.

1. Before speaking will this build up or break down the person?
2. Before responding, What is God showing me through this person?
3. What is God doing in your heart regarding your words to others?

Here are 4 invitations from Jesus for you to think about this week.

1. Listen to God 1st
2. Listen before speaking
3. Speak life intentionally
4. Listen an act of Love – Paul Tillich – the first duty of Love is to listen. d

