

Praying Through Our Growth

8/30/26 – Pastor Zach

Psalm 1

Connect: What kind of life are you becoming?
Where do you see your attention being focused instead of Jesus?

Engage: Reread Psalm 1

What stands out to you?

Zach talked about 3 movements of Psalm 1

1. Pay attention to the Path.
 - a. Are you walking standing and sitting? What does that look like for you?
 - b. As Zach asked, what is forming you? Is media, podcasts, Netflix? What is shaping your heart? What voice gets the last word at night? What story do you repeat when you are afraid? What do you reach for when you get tired?
 - c. Do you delight in the Lord? Where do you need to take your cold heart and let God's word warm it?
 - d. Do you chew on the Word? Where has the Lord given you a portion of Scripture to chew on?
 - e. Where do you need to listen to Jesus?
2. Put down Roots.
 - a. Where are your roots? Are they deep or are they shallow?
 - b. Where have you experienced Consolation? (We experience His goodness)
 - c. Where have you experienced Desolation? (Cannot feel His presence)? Where have you seen God work in those times in your life? Because God is at work in both seasons. 😊
 - d. The Psalms do not promise perfect weather, It promises that a life is rooted in God. God's life will work into your dry life.
3. Become a Blessing.
 - a. There is a season for visible fruit and season when the main work is happening underground. Where is God working underground in your life?
 - b. We do not sink our roots into our own goodness – we sink our roots into His grace. Where are you sinking your roots into your own goodness?
 - c. Where are you with the Lord? Are you living in your false self, appearing great on the outside but insides are not with Jesus?

Apply: Where is the invitation of God this week for you? Where do you need to put down your phone and pick up God's word? Where do you need to allow God deeper into your life? One is one thing you are going to do in light of Zach's sermon this week?