

Deborah & Jaed

Scripture readings, prayers, and audio recordings compiled by Andrea Brown with cover art AI generated by Andrea Brown x Pikaso, 2024. proclaimministries.com

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MORNING PRAYER

O Lord, open our lips;
And our mouth
shall shew forth your praise.

O God,
make speed to save us.

O Lord,
make haste to help us.

Glory be to the Father,
and to the Son:
and to the Spirit

As it was in the beginning,
is now, and ever shall be:
world without end.

Amen.

COLLECT

Lord Jesus Christ,
you stretched out your arms of love
on the hard wood of the Cross
that everyone might come
within the reach
of your saving embrace:

So clothe us in your Spirit
that we,
reaching forth our hands in love,
may bring those
who do not know you
to the knowledge and love of you;
for the honor
of your Name.

Amen.

Deborah & Jael

PSALM 27

The Lord is my light and my salvation.

I fear no one.

The Lord protects my life.

I am afraid of no one.

2 When evil men attack me

to devour my flesh,

when my adversaries and enemies attack me,
they stumble and fall.

3 Even when an army is deployed against me,

I do not fear.

Even when war is imminent,

I remain confident.

4 I have asked the Lord for one thing—

this is what I desire!

I want to live in the Lord's house all the days of my life,
so I can gaze at the splendor of the Lord
and contemplate in his temple.

5 He will surely give me shelter in the day of danger;
he will hide me in his home.

He will place me on an inaccessible rocky summit.

...

14 Rely on the Lord!

Be strong and confident!

Rely on the Lord!

JUDGES 2-5

2 6 When Joshua dismissed the people, the Israelites went to their allotted portions of territory, intending to take possession of the land. 7 The people worshiped the Lord throughout Joshua's lifetime and as long as the elderly men who outlived him remained alive. These men had witnessed all the great things the Lord had done for Israel. ... 10 That entire generation passed away; a new generation grew up that had not personally experienced the Lord's presence or seen what he had done for Israel.

CONFESSION

Father in heaven,
we thank you for the freedom
you have given us
through the life, death
and resurrection of your Son.

But we confess today that we often
live like slaves.

Instead of
living like you delight in us,
we avoid you in shame and guilt.

Instead of
receiving your favor as a gift,
we try to earn it with our efforts.

Instead of
accepting your freedom,
we prefer our chains.

Instead of
pursuing your purposes, we cling
to our short-sighted agendas.

Forgive us. Embrace us.
Cleanse us. Heal us.
We ask this in Jesus' name.

Amen.

Gracious God,
our sins are too heavy to carry,
too real to hide,
and too deep to undo.

Forgive what our lips
tremble to name,
what our hearts can no longer bear,
and what has become for us
a consuming fire of judgment.

Set us free
from a past that we cannot change;
open to us a future
in which we can be changed;
and grant us grace
to grow more and more
in your likeness and image,

through Jesus Christ,
the light of the world.

Amen.

11 The Israelites did evil before the Lord by worshiping the Baals. 12 They abandoned the Lord God of their ancestors who brought them out of the land of Egypt. They followed other gods—the gods of the nations who lived around them. They worshiped them and made the Lord angry. 13 They abandoned the Lord and worshiped Baal and the Ashtoreths.

14 The Lord was furious with Israel and handed them over to robbers who plundered them. He turned them over to their enemies who lived around them. They could no longer withstand their enemies' attacks. ... 18 When the Lord raised up leaders for them, the Lord was with each leader and delivered the people from their enemies while the leader remained alive. The Lord felt sorry for them when they cried out in agony because of what their harsh oppressors did to them. 19 When a leader died, the next generation would again act more wickedly than the previous one. They would follow after other gods, worshiping them and bowing down to them. They did not give up their practices or their stubborn ways.

...

4 The Israelites again did evil in the Lord's sight after Ehud's death. 2 The Lord turned them over to King Jabin of Canaan, who ruled in Hazor. The general of his army was Sisera, who lived in Harosheth Haggoyim. 3 The Israelites cried out for help to the Lord, because Sisera had 900 chariots with iron-rimmed wheels, and he cruelly oppressed the Israelites for twenty years.

4 Now Deborah, a prophetess, wife of Lappidoth, was leading Israel at that time. 5 She would sit under the Date Palm Tree of Deborah between Ramah and Bethel in the Ephraimite hill country. The Israelites would come up to her to have their disputes settled.

6 She summoned Barak son of Abinoam from Kedesh in Naphtali. She said to him, "Is it not true that the Lord God of Israel is commanding you? Go, march to Mount Tabor! Take with you 10,000 men from Naphtali and Zebulun. 7 I will bring Sisera, the general of Jabin's army, to you at the Kishon River, along with his chariots and huge army. I will hand him over to you." 8 Barak said to her, "If you go with me, I will go. But if you do not go with me, I will not go." 9 She said, "I will indeed go with you. But you will not gain fame on the expedition you

AFTERNOON PRAYER

*God of all creation,
full of love and abounding in mercy;
May the whole earth
be filled with your glory.*

*Lord, bless and guide
all ministers of your church;
Clothe them in righteousness
and grant them wisdom.*

*Direct the leaders of our nation;
That they may act in accordance
with your kingdom.*

*Enlarge our own hearts, O Lord,
To love the things that you love*

*May we proclaim your light
In every place where there is darkness.*

*May we proclaim
your Holy Name
In every aspect of our lives.*

*Create in us clean hearts,
O God;
And renew a right spirit
within us.*

*Grant us your peace;
For only in you
can we live in safety.*

*We pray for those in sickness,
grief, persecution, bondage,
fear, or loneliness.*

Lord, have mercy.

Let us offer our own prayers:

are undertaking, for the Lord will turn Sisera over to a woman.”

...

14 Deborah said to Barak, “Spring into action, for this is the day the Lord is handing Sisera over to you! Has the Lord not taken the lead?” So Barak went down from Mount Tabor with 10,000 men following him. 15 The Lord routed Sisera, all his chariotry, and all his army with the edge of the sword.

...

17 Now Sisera ran away on foot to the tent of Jael, wife of Heber the Kenite, for King Jabin of Hazor and the family of Heber the Kenite had made a peace treaty. 18 Jael came out to welcome Sisera. She said to him, “Stop and rest, my lord. Stop and rest with me. Don’t be afraid.” So Sisera stopped to rest in her tent, and she put a blanket over him. 19 He said to her, “Give me a little water to drink, because I’m thirsty.” She opened a goatskin container of milk and gave him some milk to drink. Then she covered him up again. 20 He said to her, “Stand watch at the entrance to the tent. If anyone comes along and asks you, ‘Is there a man here?’ say, ‘No.’” 21 Then Jael wife of Heber took a tent peg in one hand and a hammer in the other. She crept up on him, drove the tent peg through his temple into the ground while he was asleep from exhaustion, and he died. 22 Now Barak was chasing Sisera. Jael went out to welcome him. She said to him, “Come here and I will show you the man you are searching for.” He went with her into the tent, and there he saw Sisera sprawled out dead with the tent peg through his temple.

23 That day God humiliated King Jabin of Canaan before the Israelites. 24 Israel’s power continued to overwhelm King Jabin of Canaan until they did away with him.

...**5** On that day Deborah and Barak son of Abinoam sang this victory song:

...

31 And the land had rest for forty years.

HEBREWS 11

Now faith is being sure of what we hope for, being convinced of what we do not see. 2 For by it the people of old received God’s commendation. 3 By faith we understand that the worlds were set in order at God’s command, so that the visible has its origin in the invisible. 4 By faith Abel offered God a greater

THE LORD'S PRAYER

Our Father, who art in heaven,
Hallowed be thy Name,

Thy kingdom come,
Thy will be done,
On earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
As we forgive those
who trespass against us.

And lead us not into temptation,
But deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen.

EVENING PRAYER

Be our light
in the darkness, O Lord,

and in your great mercy
defend us from all perils
and dangers of this night;

for the love of your only Son,
our Savior Jesus Christ.

Amen

sacrifice than Cain, and through his faith he was commended as righteous, because God commended him for his offerings. And through his faith he still speaks, though he is dead. 5 By faith Enoch was taken up so that he did not see death, and he was not to be found because God took him up. For before his removal he had been commended as having pleased God.

6 Now without faith it is impossible to please him, for the one who approaches God must believe that he exists and that he rewards those who seek him. 7 By faith Noah, when he was warned about things not yet seen, with reverent regard constructed an ark for the deliverance of his family. Through faith he condemned the world and became an heir of the righteousness that comes by faith.

8 By faith Abraham obeyed when he was called to go out to a place he would later receive as an inheritance, and he went out without understanding where he was going. 9 By faith he lived as a foreigner in the promised land as though it were a foreign country, living in tents with Isaac and Jacob, who were fellow heirs of the same promise. 10 For he was looking forward to the city with firm foundations, whose architect and builder is God. 11 By faith, even though Sarah herself was barren and he was too old, he received the ability to procreate, because he regarded the one who had given the promise to be trustworthy. 12 So in fact children were fathered by one man—and this one as good as dead—like the number of stars in the sky and like the innumerable grains of sand on the seashore.

13 These all died in faith without receiving the things promised, but they saw them in the distance and welcomed them and acknowledged that they were strangers and foreigners on the earth. 14 For those who speak in such a way make it clear that they are seeking a homeland. 15 In fact, if they had been thinking of the land that they had left, they would have had opportunity to return. 16 But as it is, they aspire to a better land, that is, a heavenly one. Therefore, God is not ashamed to be called their God, for he has prepared a city for them.

17 By faith Abraham, when he was tested, offered up Isaac. He had received the promises, yet he was ready to offer up his only son. 18 God had told him, "Through Isaac descendants will carry on your name," 19 and he reasoned that God could even

LISTEN

This Is Our God

-One Church

Praise (Hebrew)

-Elevation Worship & Shilo Ben Hod

Battle Belongs

-Phil Wickham

PONDER

Rosh Chodesh Fires

-Tatyana Z Cohen

<https://www.etsy.com/listing/1507041294/rosh-chodesh-fires-giclee-art-print-from>

Deborah Praises Jael

-Gustave Doré, 1865

<https://www.artbible.info/art/large/213.html>

raise him from the dead, and in a sense he received him back from there. 20 By faith also Isaac blessed Jacob and Esau concerning the future. 21 By faith Jacob, as he was dying, blessed each of the sons of Joseph and worshiped as he leaned on his staff. 22 By faith Joseph, at the end of his life, mentioned the exodus of the sons of Israel and gave instructions about his burial.

23 By faith, when Moses was born, his parents hid him for three months, because they saw the child was beautiful and they were not afraid of the king's edict. 24 By faith, when he grew up, Moses refused to be called the son of Pharaoh's daughter, 25 choosing rather to be ill-treated with the people of God than to enjoy sin's fleeting pleasure. 26 He regarded abuse suffered for Christ to be greater wealth than the treasures of Egypt, for his eyes were fixed on the reward. 27 By faith he left Egypt without fearing the king's anger, for he persevered as though he could see the one who is invisible. 28 By faith he kept the Passover and the sprinkling of the blood, so that the one who destroyed the firstborn would not touch them. 29 By faith they crossed the Red Sea as if on dry ground, but when the Egyptians tried it, they were swallowed up. 30 By faith the walls of Jericho fell after the people marched around them for seven days. 31 By faith Rahab the prostitute escaped the destruction of the disobedient, because she welcomed the spies in peace.

32 And what more shall I say? For time will fail me if I tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets. 33 Through faith they conquered kingdoms, administered justice, gained what was promised, shut the mouths of lions, 34 quenched raging fire, escaped the edge of the sword, gained strength in weakness, became mighty in battle, put foreign armies to flight, 35 and women received back their dead raised to life. But others were tortured, not accepting release, to obtain resurrection to a better life. 36 And others experienced mocking and flogging, and even chains and imprisonment. 37 They were stoned, sawed apart, murdered with the sword; they went about in sheepskins and goatskins; they were destitute, afflicted, ill-treated 38 (the world was not worthy of them); they wandered in deserts and mountains and caves and openings in the earth. 39 And these all were commended for their faith, yet they did not receive what was promised. 40 For God had provided something better for us, so that they would be made perfect together with us.

Daily Reflection

Begin by **summarizing** what you read in any way you would like: draw, outline, paraphrase, etc. Continue by **reflecting** on the themes we are tracing: God's presence, people, and promises.

Daily Prayer

*try writing a collect

Reflect

What stood out to you from the reading this week?

Describe any thoughts or feelings you had while reading, praying, listening, or looking at art this week.

What did you noticed about God, yourself, and the world?

What are you curious about? What questions, ideas, or texts would you like to explore more?

Respond

What would it look like for you to respond? Remember, response is more than 'application.' It can be almost anything including worship, belief, confession, emotion, and action.