

## The Foundation of the World: “Life and Death”

### Genesis 5

March 15, 2026

#### I. Intro

A. Adam

#### II. Rhythm

A. Life

B. Death

#### III. Melody

A. Enoch

B. Lamech

#### IV. Harmony

A. Other Enoch

B. Other Lamech

#### V. Outro

A. Noah

### LET’S GO DEEPER:

1. When reading a genealogy, we listen for patterns to reveal themes. What do the patterns in Genesis 5 teach us about Moses’s main themes?
2. In verses 21-24, what does Enoch teach us about life and death? What does it look like for us to “walk with God”?
3. In verses 28-31, what does Lamech teach us about hope? What are some of God’s promises for us to put our hope in?
4. What can we learn by comparing and contrasting the Enochs and Lamechs in Genesis 4 and 5?
5. Why do genealogies matter in the Bible, and where do they lead us in the New Testament?