

STEP ONE I DECLARE WAR ON FEAR

The LORD is my light and my salvation; Whom shall I fear? The LORD is the strength of my life; Of whom shall I be afraid? — Psalm 27:1 NKJV

This is the year to declare war on the fears in your life. The first step of your personal battle strategy is to make a commitment, to yourself and to the Lord, that you will war against fear. In the space below, write out a personal covenant (promise contract) with the Lord to battle fear.

STEP TWO I LOCATE YOUR FEARS

Though an army may encamp against me, My heart shall not fear; Though war may rise against me, In this I will be confident. — Psalm 27: 3 NKJV

In order to war on fear, you have to locate your fears — call them out of the shadows they have been hiding inside your heart and your mind. This will require you to be open and honest with yourself. You can't go to war against an enemy you cannot name. Where are you struggling with fear? In the space below, identify your fears and be specific:

STEP THREE I SEEK THE LORD

One thing I have desired of the LORD, That will I seek: That I may dwell in the house of the LORD All the days of my life, To behold the beauty of the LORD, And to inquire in His temple. — Psalm 27:4 NKJV

You cannot go to war against fear alone. You must do it with the help and the assistance of the Lord and His mighty power. In the secret place of counsel with the Lord, spend time with the Lord seeking His face. Ask Him how to deal with the fears in your life. You need his wisdom and guidance to show you how to conquer these fears.

Answer yourself the following questions:

- 1. When will I spend time with God in counsel this year?
- 2. How do I expect God to help me to conquer my fears?
- 3. What will I do when (not if, but when) He answers me?

STEP FOUR I SPEAK THE WORD

Teach me Your way, O LORD, And lead me in a smooth path, because of my enemies. — Psalm 27:11 NKJV

The number one strategy for dealing with fear is confessing the Word. Don't be surprised if the battle strategy the Lord gives you in prayer are actually key scriptures to declare over your fear. Remember, one verse inside of your heart is more beneficial to you than a thousand verses in your Bible. In the space below, write out at least three scriptures the Lord is showing you that will help you go to war against your specific fears.

STEP FIVE I STEP OUT IN FAITH

I would have lost heart, unless I had believed That I would see the goodness of the LORD In the land of the living. Wait on the LORD; Be of good courage, And He shall strengthen your heart; Wait, I say, on the LORD! [Psalm 27:13–14 NKJV]

There are two parts to stepping out in faith — confession and action! You have to confess the Word of God (which activates the power of God stored up inside of the Word), and you have to take deliberate, active steps of faith (which pulls what you are believing for into the present). In the space below, write out a confession of your faith using your scriptures, and draft at least one step of faith you can take right now to combat your fears.

THE BEST IS YET TO COME



