

---

**From This Day Forward      Pt.4 Stay Pure**

Lead Pastor Joshua Ray

**5 Commitments to Make in Your Marriage:**

1. Seek God
2. Fight Fair
3. Have Fun
- 4. Stay Pure**
5. Never Give Up

Hebrews 13:4 Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral.

**Why is impurity increasing in marriage?**

1. We have \_\_\_\_\_ to more than in the past
2. People are getting \_\_\_\_\_ later.
3. There's a growing sense of \_\_\_\_\_.

**Inward & Outward Purity**

**Outward:**

Ephesians 5:3 But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people.

Proverbs 5:8 Keep to a path far from her, do not go near the door of her house

1 Corinthians 6:18-20 Flee from sexual immorality ... Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.

---

Matthew 5:29 If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell.

**Key Practice: \_\_\_\_\_ with anything that could cause you to sin.**

**Inward:**

Psalm 119:9-11 How can a young person stay on the path of purity? By living according to your word. 10 I seek you with all my heart; do not let me stray from your commands. 11 I have hidden your word in my heart that I might not sin against you.

Matthew 5:28 But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.

**Key Practice: Key Practice: \_\_\_\_\_ in your heart.**

**Three Common Responses to Impurity**

1. Become \_\_\_\_\_
2. Become \_\_\_\_\_
3. Become \_\_\_\_\_

**Manna News**

Outreach: Angier Spring Fling. RSVP on website

Outreach: SERVE Saturday, April 1st. RSVP on website

Pray First: Sunday, April 2nd at 9:30am

## Info Guide

### **Welcome**

We're glad you're here! This Info Guide will help you learn how to get connected at Manna and share what is available to you at the service today. We hope you feel at home and enjoy your time with us.

### **What to Expect**

During today's worship experience you can expect about a 65 minute service that will begin with approximately 20-25 minutes of worship, we will also have a brief time of announcements, followed by a 35-minute biblical and practical message delivered by our Pastor.

### **Connection Card**

If you're a first-time guest, we would love for you to fill out a connection card. No one is planning to call you or come by your house—We just want to thank you for joining us today and let you know what is available to you here at Manna.

### **Free Gift**

If it is your first time with us, we have a gift available for you in the lobby at the end of service— We simply want to give you a gift to thank you for being with us today!

### **NextStep**

If you want to learn more about Manna Church, who God has called you to be, and how you can make a difference, NextStep is for you.

It is a 4-week small group that meets the first four Sundays of every month. Childcare is provided and you can learn the times and locations at the info center in the lobby. We would love for you to take this step!

### **Manna Kids**

We promise a clean and safe environment where children can experience and enjoy the love of Jesus. The Nursery/Preschool experience is available for kids 6 weeks through 5 years, and the Elementary experience is for children in kindergarten through 5th grade. We would love to have your child join us!

### **Manna Students**

Manna Students meets weekly, at Manna Capital, Sunday afternoons nights at 11:30am. We play games, fellowship, and grow together in our relationship with Jesus. Middle School and High School age both welcomed! Our current focus is on learning to hear the voice of God.

### **Small Groups**

Life-change happens in the context of small groups. Get involved in one today! Visit our website for a list of small groups.

[capitalarea.manna.church](http://capitalarea.manna.church)