## MANNACHURCH

From This Day Forward Pt. 1 Seek God
Lead Pastor Joshua Ray
"A great marriage is possible, but it's not likely and not probable if
you do what everybody else is doing."

## 5 Commitments to Make in Your Marriage:

1. Seek God
2. Fight Fair
3. Have Fun
4. Stay Pure
5. Never Give Up

## 1. Seek God

God is your $\qquad$ and your spouse is your $\qquad$ .

Matthew 22:37-39 Jesus replied: "'Love the Lord your God with all your heart and with all your soul and with all your mind.' 38 This is the first and greatest commandment. 39 And the second is like it: 'Love your neighbor as yourself.'

## Seeking God with My Spouse

1. $\qquad$ Together

James 5:16 (ESV) - Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.
2. $\qquad$ Together

Deuteronomy 6:6-7 (ESV) - And these words that I command you today shall be on your heart. 7 You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.
3. $\qquad$ Together

Luke 4:16 (ESV) - And he came to Nazareth, where he had been brought up. And as was his custom, he went to the synagogue on the Sabbath day, and he stood up to read.

## Manna News: <br> SERVE Saturday

## Info Guide

## Welcome

We're glad you're here! This Info Guide will help you learn how to get connected at Manna and share what is available to you at the service today. We hope you feel at home and enjoy your time with us.

## What to Expect

During today's worship experience you can expect about a 65 minute service that will begin with approximately 20-25 minutes of worship, we will also have a brief time of announcements, followed by a 35-minute biblical and practical message delivered by our Pastor.

## Connection Card

If you're a first-time guest, we would love for you to fill out a connection card. No one is planning to call you or come by your house-We just want to thank you for joining us today and let you know what is available to you here at Manna.

## Free Gift

If it is your first time with us, we have a gift available for you in the lobby at the end of service- We simply want to give you a gift to thank you for being with us today!

## NextStep

If you want to learn more about Manna Church, who God has called you to be, and how you can make a difference, NextStep is for you.
It is a 4-week small group that meets the first four Sundays of every month. Childcare is provided and you can learn the times and locations at the info center in the lobby. We would love for you to take this step!

## Manna Kids

We promise a clean and safe environment where children can experience and enjoy the love of Jesus. The Nursery/Preschool experience is available for kids 6 weeks through 5 years, and the Elementary experience is for children in kindergarten through 5th grade. We would love to have your child join us!

## Manna Students

Manna Students meets weekly, at Manna Capital, Sunday afternoons nights at 11:30am. We play games, fellowship, and grow together in our relationship with Jesus. Middle School and High School age both welcomed! Our current focus is on learning to hear the voice of God.

## Small Groups

Life-change happens in the context of small groups. Get invovled in one today! Visit our website for a list of small groups. capitalarea.manna.church

