

UP AND TO THE RIGHT (MILK TO STEAK)

WEEK 3 DISCUSSION GUIDE

1

Are you familiar with this phrase “milk to steak”? What does it mean?

2

How long have you been following Jesus? How would you currently assess your spiritual stage?

3

What does spiritual maturity look like? Who have you seen model this?

4

What does it look like to move from milk to steak? How do you know you have moved from one to the other?

5

Can you be both milk and meat or is it just one or the other?

6

What is one way you can take a step toward spiritual maturity this week?