



Demons

JUMP TO

Warm-Up

Part 1

Part 2

Challenge

WARM-UP

Getting Started

1 How have you seen demons portrayed in movies, books, or pop culture?

↳ How do you think those portrayals have shaped the way you think about the topic?

2 C.S. Lewis said people tend to make one of two mistakes about demons: ignoring them completely or being overly fascinated by them. Which way do you tend to lean?

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PART 1

The Man Among the Tombs

Read Mark 5:1–20 together.

3 Look at how the man is described in verses 2–5. What has the demons’ influence taken from him?

↳ What does this show us about what the enemy is after in a person’s life?

4 The demons recognize Jesus immediately and beg Him for mercy (v. 6–10). What does this reveal about who holds the real authority?

5 Jesus sends the healed man home to tell his story (v. 19). Who in your life needs to hear what the Lord has done for you?

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PART 2

Make a Plan

6 When you feel spiritually attacked, through fear, temptation, discouragement, or lies, how do you usually respond?

↳ Why is it important to make a plan before the attack comes, not in the middle of it?

7 Why do you think Scripture is such a powerful weapon against the enemy?

↳ Is there a verse you hold onto when things get hard? Share it with the group.

8 What is one practical way you could get more of God’s Word into your life this week?

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CHALLENGE

Anchored in Prayer

9 What does it look like for a person to be “anchored” in prayer? What storms does that anchor hold us through?

10 When you pray, who or what do you find yourself praying for most often?

↳ Who is someone you could commit to praying for this week?

11 What tends to pull you away from prayer?

↳ What is one step you can take this week to make prayer your anchor?

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This week’s challenge: be a person who is anchored in prayer.