

Resilience
Acts 27:13-38

What produces resilience in the face of sustained hardship?

- I. Christ's word
 - A. Trust in dire circumstances (v. 13-21a)
 - B. Trust versus control (v. 21b-32)
- II. Christ's strength
 - A. The strength of Christ (v. 33-34; Col. 1:29)
 - B. Feeding on Christ (v. 35-38; John 6:35; 1 Peter 1:23)

Application Guide:

1. Are you in a situation or have you been in one where you feel like all hope is gone? What is the primary emotion you experience in that situation?
2. In the face of your sustained hardship, how do you attempt to take control of what you see rather than trust what you hear from Christ through his word?
3. Are you feeding on Christ through the imperishable seed of his word? When you aren't, what perishable seed do you look to for resilience?