

## **Christian Mental Health Provider List**

**1. Sara Serrano, LCSW - Bienestar Counseling (Bilingual in Spanish)**

**bienestarce.com**

Online Therapy Only, Fully Bilingual in English & Spanish / 754-333-0965

Specialties: first responders/healthcare workers, burnout, stress, depression, anxiety

**2. Rosaura Zeghir, LMHC – (Bilingual in Spanish)**

**pathwayofhopecounseling.net**

7100 W Camino Real Suite 302-42 Boca Raton, FL 33433 / 561-809-3001

Specialties: substance use, trauma, sexual abuse, depression, and mood disorders

**3. Miriam Letty Cardozo, LMHC – Hope and Healing Counseling Center (Bilingual in Spanish)**

9900 West Sample Road Suite # 308 Coral Springs, FL 33065 / 754-208-9100

Specialties: trauma, grief, anger, abuse, anxiety, and depression. Adults and couples

**4. Ana Newman, LCSW - Alabaster Center, LLC (Bilingual in Spanish)**

**alabastercenter.com**

10200 W State Rd 84 Ste 228 Davie, FL 33324 / 409-333-2011

Specialties: Individual therapy with adults (18+) for depression, anxiety, relationship issues

**5. Kayla Roberts, LMHC, BCCC - Rivergate Family Resource Center (Bilingual in Greek)**

10200 W State Rd 84 Ste 228 Davie, FL 33324 / 954-300-1506

Specialties: couples and individuals with identity issues, depression, anxiety, stress, and anger.

**6. Aline-Vanya Guillaume, LCSW - Therapy Terrace (Fluent in English and Creole)**

7890 Peters Rd., Plantation, FL 33324 954-526-6678

Specialty: adults and adolescents in the areas of trauma, crisis intervention, depression, anxiety, etc.

**7. Tina Saunders, LMHC, CAP - tinsaunders.com**

600 S. W. 3rd Street, Suite #51000, Pompano Beach, FL 33060 / 954-347-0651

Specialties: Addictions, Marriage/Pre-Marital Counseling, Trauma (abuse, PTSD, etc.)

**8. Diana Rice, LMHC – throughthevalleytherapy.com - 954-817-0715**

Specialties – high-risk underserved youth, crisis intervention, trauma, adults

**9. Jade Major-Bryan, Reg. Mental Health Counselor Intern - More Life Living EMDR Therapy**

10200 W State Rd 84 Ste 228, Davie, FL 33324 / 754-399-1027

Specialties: EMDR therapist, self-esteem, relationships, anxiety and trauma

**10. Dr. Jason-Anthony Prendergast, Lic. Clinical Pastoral Counselor, EdifyCounseling.com**

1451 W Cypress Creek Rd #300, Fort Lauderdale, FL 33309 / 888-773-3439

Specialties: certified temperament therapist, depression, anxiety, addictions, couples

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**11. Kingsley Grant, LMFT [www.kingsleygrant.com](http://www.kingsleygrant.com)**

8201 Peters Road, Suite 1000 Plantation, FL 33324 / 786-236-3602

Specialties: Marriage/Family, Leadership, Emotional Intelligence, Men's Issues, Sexual Addiction

**12. Edvardo Archer, LMFT - AP Family Counseling**

2701 West Cypress Creek Road Fort Lauderdale, Florida 33309 / 954-716-9138

Specialties: EMDR Therapist, children, family conflict, parenting and relationship issues

**13. Kate Johnson, LMHC, Living in Freedom & Empowerment (LIFE)**

**[Livingabundantlyfree.org](http://Livingabundantlyfree.org)**

Founded - Christian Coalition Against Domestic Abuse, Author - "Healing the Broken Places"

600 SW 3rd Street Suite 5100-P, Pompano Beach 33060 / 305-490-1178

Specialties: domestic abuse, healthy relationships, marriages, and families, educational workshops

**14. Ariana Vizzotto, LCSW – 561-926-0877 (Bilingual in Portuguese)**

Specialties – children and adults with trauma, depression, and anxiety

**15. Kathy Mauro, LMHC - New Life Counseling, Inc.**

1775 S Flamingo Rd #1, Davie, FL 33325 / 754-366-0734

Specialties: women's issues - sexual abuse, identity, spiritual identity, anxiety, and mood disorders

**16. Dr. John Hawkins Sr & John Hawkins Jr, LMHC - Gateway Counseling Center**

1034 Gateway Blvd #104, Boynton Beach, FL 33426 / 561-332-1818

Specialties: couples therapy, relationship building, Christian counseling, and PTSD therapy

**17. Dr. Rachel Rowitt, LMHC, CAP, BCPCC - Grace Counseling, Inc.**

-Certified Addictions Professional and a Board Certified Professional Christian Counselor

5491 N University Dr #202a, Coral Springs, FL 33067 / 954-263-9657

Specialty: chemical dependency, mood, personality disorders, and relationship issues. She does individuals, couples, and groups.

**18. Dr. Elizabeth Hilsman, Psychologist, PsyD, MA**

-Certified and Licensed Clinical Psychologist

Weston, FL 33326 / 754-399-2242

Specialties: Trauma and PTSD, Relationship Issues, and Self-Esteem

**19. Dr. Ryan Strosser, PsyD - Weston Family Psychology**

**[www.westonfamilypsychology.com](http://www.westonfamilypsychology.com)**

-Licensed Clinical Psychologist, Clinical Director

2883 Executive Park Dr #102, Weston, FL 33331 / 954-384-1117

[intake-coordinator@westonfamilypsychology.com](mailto:intake-coordinator@westonfamilypsychology.com)

Specialties: Trauma, PTSD, CPTSD, OCD, Tics, Tourette's, mood disorders, anxiety disorders, and substance use disorders