



**HOW TO KEEP LOOKING UP
WHEN YOU ARE FEELING DOWN**



S E R M O N G U I D E

How To Keep Looking Up When You're Feeling Down

John 11:25-26

QUESTIONS TO CONSIDER

1. Has there been a time when you've distanced yourself from God when your circumstances were tough? Why did you distance yourself from Him?
2. Do you feel the freedom to talk to Jesus openly about whatever is on your heart? Why or why not?
3. What is a circumstance you're currently facing that is tempting you to feel down and look down? What is one way you can keep looking up despite the difficulty of this circumstance?
