



**NO LIMITS**  
WITH PASTOR DELMAN







# No Limits with Pastor Delman

## **I'm Over It**

*Genesis 32:22-28*

### **QUESTIONS TO CONSIDER**

1. Is there a wound in your past that you've failed to acknowledge until now?
2. What would you say to the younger version of yourself after going through a certain traumatic experience?
3. What is one lesson you've learned from your past that can help you be better in the future?

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