



NO LIMITS

WITH PASTOR DELMAN

*Please
don't
Kill my
Vibe*

S E R M O N G U I D E

Please Don't Kill My Vibe

Philippians 1:1-11

INTRODUCTION

The goal for us as believers is to reach a point in our walk with God where what happens in the world outside of us doesn't adversely affect what God is doing within us. We want to have enough spiritual strength, power, authority, wisdom, and resolve to withstand every strategy and fiery dart the enemy might throw our way. Paul shows us through his letter to the Philippians that it's possible to stay aligned with God, even in a world constantly trying to throw you off.

KEY POINTS

1. Gratitude Keeps Us Aligned With God

Paul doesn't start this letter with a complaint, a command, or a correction. He starts with thanksgiving. He says, "I thank my God for every remembrance of you, always in every one of my prayers for all of you, praying with joy for your partnership in the gospel from the first day until now." Gratitude is the key to alignment. Even while sitting in a prison cell, Paul writes not about his pain but about his heart for people. Paul's chains do not constrain his compassion, and his suffering does not shrink his capacity to love others.

Alignment protects us from becoming bitter, self-centered, and cold. When you're aligned with God, your heart stays on the road of love, mercy, and intercession. Paul is locked up, but he's still lifting others up. He is cut off physically but connected spiritually. Real alignment keeps a heart for people, and if your spirituality makes you harsh or judgmental, it's not alignment; it's arrogance.

2. Don't Let Parasitic People Kill Your Vibe

Paul thanked God for the Philippians' partnership because he understood that spiritual alignment requires partnership. He shows us that life isn't meant to be lived in isolation but in community. Some people are always asking for help rather than, "How can I help?" They only reach out when they need something. But this is a season to start demanding reciprocity, to teach people that if you pour into them, they should be able to pour into you sometimes.

NOTES

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Paul's gratitude pushes back against consumer religion, where people are simply commodities from which we extract value. He models a faith rooted in mutuality, shared purpose, and partnership. None of us got where we are by ourselves. Our survival has always depended on our mutual dependence on one another. Don't let parasitic people kill your vibe. Thank God for the healthy partnerships that keep you aligned with His purpose.

3. Stay Aligned With God Through Prayer

Paul doesn't just thank God for the Philippians. He prays for them. He says, "And this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best." Paul's prayer is that their love would expand, their knowledge deepen, and their discernment grow clearer.

He shows us that alignment with God is proven by how we treat people. When you pray for others and root for others, you keep yourself connected to a cause bigger than yourself. Paul could endure prison because he wasn't living for himself. He was living for the advancement of the gospel. You can turn your prison into a platform for purpose when you're focused on something greater. When you live for God and His people, you'll find a power that life's prisons cannot chain and a peace that trouble cannot take away.

4. Staying Connected With God Is Key for Alignment

Paul begins this letter with, “Grace and peace to you from God our Father and the Lord Jesus Christ,” because he knew that alignment starts with God. Even in chains, Paul is still confident in the One who began the good work in him. “He who began a good work in you will carry it on to completion.”

When you lose your connection to God, nothing else works. Like a device that loses power without being plugged in, when you're not plugged into God, you'll run out of strength trying to run everything else. But when you stay connected to your Source, you can reframe adversity and trust that interruptions are not cancellations; they're detours on the way to destiny. God doesn't start something He won't finish. Alignment means trusting that the power of God will bring your life to His intended end.

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QUESTIONS TO CONSIDER

1. What does it look like for you personally to stay in alignment with God when life tries to throw you off balance?
2. How can gratitude and prayer help protect your vibe and keep your heart soft toward others?
3. What are some practical ways you can strengthen healthy partnerships and set boundaries with parasitic relationships?
