





# No Limits with Pastor Delman

## **It Is Well With My Soul**

*3 John 1:1-3*

### **QUESTIONS TO CONSIDER**

1. How is your health right now? Physically? Mentally? Spiritually? Emotionally?
2. What are some ways you need to practice prevention when it comes to your health?
3. How often are you spending time in God's Word each week? How can you make more time to spend reading Scripture?

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