



**NO LIMITS**

WITH PASTOR DELMAN

HOW TO HANDLE  
**TOXIC**  
PEOPLE

S E R M O N G U I D E





**How To Handle Toxic People**

*1 Samuel 25:1-42*

**QUESTIONS TO CONSIDER**

1. When was a time you dealt with a toxic person in your life? How did you respond?
2. What is your plan to neutralize the toxic people in your life?
3. What are some steps you can take to maintain emotional distance from the toxic people in your life?

---

---

---

---

---

---

---

---

---

---