

# WELCOME



*We exist to make joyful, passionate disciples of Jesus by making Jesus non-ignorable in Severance and to the ends of the earth.*

We are so glad you have chosen to worship with us this morning. We pray that you and your family will see Jesus Christ, the Son of God, lifted high in our gathering today as we pray, sing, read Scripture, and listen to expositional, Christ centered preaching and teaching.



## MINISTRY EVENTS

**Men's Coffee** – Wednesday mornings 6:30<sup>AM</sup> | Coffee House 29  
Saturday mornings 6:30<sup>AM</sup> | Kum & Go Windsor

**Father + Son Camping Trip** – July 28-30 | Last Day to Sign Up!

**Men's Ministry** – Firepit Friday | July 21 | 6:30<sup>PM</sup>

**Women's Bible Study** – Friday mornings 6:00<sup>AM</sup> | Coffee House 29

**Women's Retreat** – September 8-10 | Sign up in the App!

## LIFE GROUPS

Groups meet almost every night of the week. Check out a Life Group!

## SERMON NOTES

July 16, 2023 | Josh Green

Matthew 11:28-30 | Habits of Grace – Fasting & Solitude

### **The need and purpose for solitude and fasting.**

*Proverbs 21:5*

*Galatians 5:22-24*

*Galatians 5:25*

*Mark 1:35*

*Solitude is the removal of the white noise of the world that prevents us from experiencing God in His fullness.*

*Fasting is the deliberate denying of worldly resources (food) in order to hone our heart's dependency upon God.*

### **Fasting and solitude brings us to the strength of God.**

### **Fasting and Solitude reveals and removes false comfort.**

### **Fasting and solitude reveals God's generosity.**

*Psalms 86:5*

### **How do we fast and seek solitude?**

We are not to boast about it.

*Matthew 6:16-18*

Special Fasting and Solitude

Regular Fasting and Solitude

Fasting and Solitude Take Commitment

- Have you considered unnecessarily cluttered your life is?
- How can deliberate times of solitude and fasting reorient your priorities towards God's power, comfort and generosity?
- How can you incorporate times of solitude and fasting into your "busy" schedule?