

Week 4
Safe & Secure in Christ
Psalm 91

¹ He who dwells in the secret place of the Most High shall remain stable *and* fixed under the shadow of the Almighty [Whose power no foe can withstand].

² I will say of the Lord, He is my Refuge and my Fortress, my God; on Him I lean *and* rely, *and* in Him I [confidently] trust!

³ For [then] He will deliver you from the snare of the fowler and from the deadly pestilence.

⁴ [Then] He will cover you with His pinions, and under His wings shall you trust *and* find refuge; His truth *and* His faithfulness are a shield and a buckler.

⁵ You shall not be afraid of the terror of the night, nor of the arrow (the evil plots and slanders of the wicked) that flies by day,

⁶ Nor of the pestilence that stalks in darkness, nor of the destruction *and* sudden death that surprise *and* lay waste at noonday.

⁷ A thousand may fall at your side, and ten thousand at your right hand, but it shall not come near you.

⁸ Only a spectator shall you be [yourself inaccessible in the secret place of the Most High] as you witness the reward of the wicked.

⁹ Because you have made the Lord your refuge, and the Most High your dwelling place,

¹⁰ There shall no evil befall you, nor any plague *or* calamity come near your tent.

¹¹ For He will give His angels charge over you to accompany *and* defend *and* preserve you in all your ways.

¹² They shall bear you up on their hands, lest you dash your foot against a stone.

¹³ You shall tread upon the lion and adder; the young lion and the serpent shall you trample underfoot.

¹⁴ Because he has set his love upon Me, therefore will I deliver him; I will set him on high, because he knows *and* understands My name [has a personal knowledge of My mercy, love, and kindness—trusts and relies on Me, knowing I will never forsake him, no, never].

¹⁵ He shall call upon Me, and I will answer him; I will be with him in trouble, I will deliver him and honor him.

¹⁶ With long life will I satisfy him and show him My salvation. AMPC

**I. What does it mean to dwell in the Secret place of the Most High?
Psalm 91:1-8**

Verse 1: He who dwells in the secret place of the Most High will remain safe under the shadow of the Almighty

- **Dwells (Strong's H3427) means:** “to abide, to remain, to sit down, to rest”
It means to abide in Christ, and rest in His promise of protection.
- **Secret place of the Most High”** (Hebrew: sod, “secret/counsel/intimate fellowship”) refers to being in God’s close, protected presence — a place of intimate relationship, trust, and covenant refuge.
- **Shadow of the Almighty: (Strong's H6738) means: “place of protection & defense”**

Verse 2: What does it look like to dwell in the secret place of the Most High?

- Verse 2 makes it very clear: “I will SAY of the Lord, “He is my Refuge; My place of safety & protection!” When we lambano God’s promise of protection, it will come out of our mouth. We will speak of Him as our Protector and we will SAY to Him, “I trust you, Father, to protect me!” The Spirit of faith is **“I believe therefore I speak- 2 Corinthians 4:13**

Verses 3-8: What are you protected from?

1 This I declare about the Lord: He alone is my refuge, my place of safety; he is my God, and I trust him. ³ For he will rescue you from every trap and protect you from deadly disease. ⁴ He will cover you with his feathers. He will shelter you with his wings. His faithful promises are your armor and protection. NLT

- **Verse 3:** He will rescue you from every trap of the enemy & from every deadly disease.
- **Verse 4:** His faithful promises are your armor and protection.
- **Verse 5:** You will not be afraid of the terror of the night nor of the evil plots of the wicked that happen during the day.
- **Verse 6:** You will not fear the disease that stalks in darkness, nor the disaster or sudden death that strikes at midday (NLT)
- **Verse 7:** A thousand may fall at your side and ten thousand at your right hand, but it will not come near you!
- **Verse 8: “Only a spectator shall you be [yourself inaccessible in the secret place of the Most High]”** **Inaccessible means:** impossible to reach

**II. Because you've made the Lord your Refuge & Dwelling Place, He will give His angels charge over you to protect you in all your ways!
Psalm 91:9-13**

**“9 If you say, “The Lord is my refuge,” and you make the Most High your dwelling,
¹⁰ no harm will overtake you, no disaster will come near your tent.¹¹ For he will command his angels concerning you to guard you in all your ways.” NIV**

- We see again in verse 9 that what you believe will come out of your mouth. What we say is what we really believe. Lambano God's promises of protection. Own them; see yourself as His protected one; and speak Psalm 91 over yourself and those you love.
- **Verse 10: There shall no evil befall you, nor any plague *or* calamity come near your home.**

**III. God Promises to protect and deliver you, bless you with a long, full life and show you His salvation!
Psalm 91:14-16:**

“14 For here is what the Lord has spoken to me: “Because you loved me, delighted in me, and have been loyal to my name, I will greatly protect you. 15 I will answer your cry for help every time you pray, and you will feel my presence in your time of trouble. I will deliver you and bring you honor. 16 I will satisfy you with a full life and with all that I do for you. For you will enjoy the fullness of my salvation!”” TPT

What a beautiful promise we have in Jesus! Our good Father promises that if we look to Him as our deliverer and our protector, He will greatly protect us! We don't have to live in fear of harm coming to us, evil plots of the wicked, or deadly diseases! He will answer us when we call to Him for help, and He will be with us in time of trouble. He will rescue us and bring us honor. He will satisfy us with a long, good life and show us His salvation. One translation says, He will be our glorious Hero! Thank you, Jesus!