

# Faith that Conquers Fear

February 8, 2026

**Bible Passage:** Exodus 1:8-2:10

Introduction:

Distinguishing “godly fear” from “sinful fear”

- Fear is a feeling of anxiety caused by either a real or perceived presence of danger, evil, pain, or consequences.
- The significance in overcoming fear is first in properly differentiating between godly fear and sinful fear.

Understanding Fear

- \_\_\_\_\_ fear is a reverential respect for the Person and work of Christ in our lives which seeks to align our thoughts, words and actions with the commands of Scripture.
- \_\_\_\_\_ fear sets a sinister bait in our inner being that moves us away from biblical thinking, speaking, and behaving.

**Big Idea:** Fear seeks \_\_\_\_\_...Faith trusts God for \_\_\_\_\_!

**#1- Our God is \_\_\_\_\_ and He works His way, His plans and His purposes through it.**

- Setting: Joseph died anchored in the firm belief that God would keep His \_\_\_\_\_ (Genesis 50:22-26)
  - God promised Israel would be in Egypt 400 as sojourners (Gen. 15:13). The book of Exodus opens 100's of years after the death of Joseph.
- The “new king (Pharaoh) was likely a new \_\_\_\_\_ v. 8
- **This part of Exodus is about \_\_\_\_\_ opposition to God’s plans and promises for his people.**

**#2-The Hebrew midwives embraced a “\_\_\_\_\_ of \_\_\_\_\_” (15-21)**

- The king (Pharaoh) in Egypt is not mentioned but the midwives “\_\_\_\_\_ & \_\_\_\_\_” are named. Why?
- Why did these women disobey the command of the king? (v. 17)
  - They had a higher king, because they “feared God”
- God is famous for “\_\_\_\_\_ irony” (20-21)
- Learning to trust God as you sit in the “\_\_\_\_\_” of the unknown is a key part of learning to live by faith. (Micah 7:1-8)
- Learning to \_\_\_\_\_ not \_\_\_\_\_ is essential in learning to live by faith.

**#3- Shiphrah, Puah & Jochebed each trusted God by \_\_\_\_\_ and He made THE WAY OUT! (1:21-2:10)**

- They didn’t react in fear! They learned to respond by faith in their \_\_\_\_\_ - \_\_\_\_\_.
  - The place of the LIFE-STORM is the Nile River, meant to invoke fear and death.
- Faith took Jochebed on a journey. (2:1-3)
  - By faith, the place of the LIFE-STORM became God’s place of rescue or THE WAY OUT.
  - Instead of reacting in fear, his parents chose to respond with faith. [Hebrews 11:23]
  - They didn’t react in fear! They learned to respond by faith in their storm.
- A firm trust in God (His sovereign plan) enabled Jochebed to see the place of the LIFE-STORM (the Nile River) become **a place to trust God the most.**
  - “By faith” Jochebed conquered fear and God’s fame spread.

## Truth Into Action:

- **Identify sinful fear as rebellion against God.** You will never experience the peace of God if you excuse the sin of fear.
- Satan intends for your life-storms to trigger you to react in fear. **Understand his tactics!**
- **Live trusting God to make your “LIFE-STORM” become a platform of praise to God.**

### Pray first



Please understand we want to help you know Jesus personally and journey with you in taking fresh steps of obedience daily for Jesus. We would love to pray with you and for you. Join us at the end of the service for prayer or send us your request on the Connect Card and we will lift them up throughout the week.

## Table Talk

**Warm Up:** As a child, what caused you your greatest fears?

1. Pharaoh struggled with fear of man and he reacted. How does sinful fear to trigger with reaction rather than respond? (Exodus 1:8-14)
2. Do you think it is significant that Moses in recording the events of Exodus 1 named the two midwives but does not list the name of the most powerful man in the world? Discuss your answers:
3. Do you think the midwives did the right thing in disobeying the Pharaoh's clear command to kill all the Hebrew boys? (Exodus 1:15-21) Puts some bible behind your answer.
4. Look up the follow verses and discuss what they teach us about fearing the Lord: Proverbs 1:7, 9:10, 14:26-27, 16:6, Psalm 25:12-14, 34:7-9, 111:10.
5. In Philippians 4:4-9, the apostle Paul lays out a clear biblical solution for fear and worry. Read the passage and fill in the blanks. We are commanded to:
  - a. \_\_\_\_\_ right (vs. 4-6) by: Rejoicing and being thankful, Making our requests to God.
  - b. \_\_\_\_\_ right (vs. 8) by: Disciplining our minds to "dwell/think on these things" through the careful study and meditation of God's Word (Psalm 27; 37; 46; 56; 73; and 94; John 14; 16:33; 1 Peter 5:6-7).
  - c. \_\_\_\_\_ right (vs. 9a) by: Learning from other mature believers, Obeying the Scriptures.
  - d. \_\_\_\_\_ right (vs. 7 and 9b) Interestingly, this is the one step for which we are not responsible. After we choose to obey by **praying**, **thinking**, and **doing** right, God promises to fill us with His peace. As a culture, we have flipped this completely upside down.

Resources: *When People Are Big and God is Small* by Ed Welch; *Running Scare: fear, worry and the God of rest* by Ed Welch; Is fear a liar? <https://www.gotquestions.org/fear-is-a-liar.html>

**Closing Prayer:** God thank you for not giving us the spirit of fear but of love, power and a self control (2 Timothy 1:7). Help to respond to live and not react in fear. I love you Jesus. Amen!