

# Take Heart: A 2022 Challenge

January 16, 2022

FBC MISSION: Seeking to honor God by developing fully devoted followers of Jesus who love, live, and share Him.

## Introduction:

**Big Idea:** Take heart, God's plan for you is a \_\_\_\_\_ faith — Live Courageously!

## 10 Things the name \_\_\_\_\_, "I AM," says about God

1. He never had a beginning.
2. God will never end.
3. God is absolute reality.
4. God is utterly independent.
5. Everything that is not God depends totally on God.
6. All the universe is by comparison to God as nothing.
7. God is constant.
8. God is the absolute standard of truth and goodness and beauty.
9. God does whatever he pleases and it is always right and always beautiful and always in accord with truth.
10. God is the most important and most valuable reality and person in the universe.

## An overview of Psalm 31

- David felt pressure and danger in life
- David \_\_\_\_\_ that God is dependable

**Life Insight #1 - A durable faith is \_\_\_\_\_ as you learn to \_\_\_\_\_ upon God!**

## You can depend on God...

- ...to \_\_\_\_\_ you from dangers or difficulties
- ... to \_\_\_\_\_ you through dangers or difficulties
- ... to \_\_\_\_\_ you from dangers and difficulties
  - He delivers by either taking you \_\_\_\_\_ of it or taking you \_\_\_\_\_ it.

**Life Insight #2 - A durable faith \_\_\_\_\_ and \_\_\_\_\_ to God no matter what.**

**David had a durable faith. You can have a durable faith.**

Psalm 31:23–24 Love the Lord, all you his saints! The Lord preserves the faithful but abundantly repays the one who acts in pride. Be strong, and let your heart take courage, all you who wait for the Lord!



Please understand we want to help you know Jesus personally and journey with you in taking fresh steps of obedience daily. We would love to pray with you and for you. Join us at the end of the service for prayer or send us your request on the Connect Card and we will lift them up throughout the week.

## Table Talk

**Sharing question:** Have you ever stood alone against the crowd? It may have been refusing to bad mouth your boss with the other workers. Perhaps it was the refusal to gossip with the other moms at your child's school. If you cannot remember such a situation, can you think of a time when you now wish you had stood alone? Share the story with your group.

**Courage grows when you know** (check your answers at bottom of page):

1. God himself is \_\_\_\_\_

- Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go. Joshua 1.9
- Be strong and courageous. Do not fear or be in dread of them, for it is the Lord your God who goes with you. He will not leave you or forsake you." Deuteronomy 31.6

2. God has a \_\_\_\_\_ for us

- The following night the Lord stood by him and said, "Take courage, for as you have testified to the facts about me in Jerusalem, so you must testify also in Rome." Acts 23.11

3. Because Jesus has \_\_\_\_\_ the world

- I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world." John 16.33

4. Because nothing can \_\_\_\_\_ us from God's love

- Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? (Romans 8.35)
- For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. (Romans 8.38–39)

5. Because God himself will \_\_\_\_\_ us

- "Behold, God is my salvation; I will trust, and will not be afraid; for the Lord God is my strength and my song, and he has become my salvation." Isaiah 12.2
- Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand. Isaiah 41.10

6. Write out Proverbs 14:26 in your own words and discuss it. *In the fear of the Lord one has strong confidence, and it will be a refuge for his children.*

*Share question: Tell about a time when you were frightened but you asked the Lord to be your confidence. Share with others how the Lord allowed you to get through the situation and how He worked in your behalf.*

**CLOSING PRAYER:** God help us to TAKE HEART AND LIVE COURAGEOUSLY FOR YOU IN 2022.

answers key: 1. with us 2. a plan 3. overcome 4. separate 5. strengthen