

Loving God: Lessons from Commandments 1-4

June 7, 2026S

Bible Passage: Exodus 20:1-11

Big Idea: The commands, though framed as a negative, are meant for your _____ as you live out your life in God's love.

How do I love God _____? (20:1-2)

- It begins with an understanding of who God _____ to be.

1st Commandment - Make sure that God is the _____ in your life (20:3)

- Be committed at the core of your being that your God is the only true God.
- IT'S A _____ COMMITMENT

2nd Commandment – Love God supremely by _____ Him rightly! (20:4-5)

- The 2nd is meant to teach us true _____.
- Don't _____ who God is---DON'T make or worship idols!
- **The best thing you can do for your children is teach them how to worship the true God.**
 - WHAT A _____—TO MODEL AND TEACH TRUE WORSHIP
 - WHAT A _____---TO LEARN HOW TO WORSHIP GOD TOGETHER AS A FAMILY.

3rd Commandment – Love God supremely by honoring His _____! (20:7)

- This command helps us _____ Him in our worship.
- What's in a name?
 - _____
 - _____
 - _____
- How can I misuse God's name?
 - My _____ can dishonor God (Ephesians 4:29)
 - My _____ can dishonor God (Titus 1:16)

4th Commandment – Love God supremely by keeping the balance of worship, work & rest (20:8-11)

- The 4th commandment begins with “_____” because we forget.
- The 4th commandment is about long _____ in loving God.
- Sabbath rest was established in _____.
- God set the example for you to keep a healthy _____ in your life.

TRUTH INTO ACTION

- You live your best life when you love God supremely. **Prioritize God in your life!**
- The name of God is worthy, therefore **let your life be unending validation of God's worthiness of your devotion. HALLOWED BE THY NAME!**
- There is nothing godly about being busy. **Remember to worship, work and rest.**

Fighter Memory Verse --JUNE

Romans 12:1–2 (ESV)

1 I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. 2 Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Pray first



Please understand we want to help you know Jesus personally and journey with you in taking fresh steps of obedience daily for Jesus. We would love to pray with you and for you. Join us at the end of the service for prayer or send us your request on the Connect Card and we will lift them up throughout the week.

Table Talk:

This lesson is a follow up to the sermon. Please take the time this week to work through it in your community group or around your own kitchen table.

Warm Up: Share one thing you were taught as a child that you initially didn't understand but later came to appreciate as wisdom.

1. The first four commands can be summed up under the single most important command that Jesus gave us in Mark's Gospel. Love God with all our heart, with all our soul, with all our mind, and with all our strength (Mark 12:30).
 - Why do you think God commands us to love Him supremely?
 - How does the 1st Command help you to love God supremely?
 - How does the 2nd Command help you to love God supremely?
 - How does the 3rd Command help you to love God supremely?
 - How does the 4th Command help you to love God supremely?
2. Read Galatians 5:13-26 (on the works of the flesh and the fruit of the Spirit). What connections do you see between the Ten Commandments and Paul's description of what is generated by our "flesh" (some translations read "sinful nature") versus what is produced by the Holy Spirit?
3. Why do you think God's commands are often viewed negatively in our culture? How does understanding them as protective rather than restrictive change your perspective?

Prayer: Father God, I know that a distorted view of You will lead to a distorted view of worship and life. Please open my eyes and remove my spiritual blindness that hinders Your dynamic work of redemption in my life. In the sweet name of Jesus I pray, AMEN!