

Will I Grumble or Trust?

May 17, 2026

Bible Passage: Exodus 15:22-17:7

Big Idea: Grumbling puts God on trial and finds Him guilty of mismanaging His world. Therefore, grumbling is a _____ that hardens one heart against God.

#1-A short memory feeds a grumbling mouth because it forgets Yahweh's _____ (Exodus 15:22-27)

- This account takes place _____ days after crossing the Red Sea.
 - **FACED WITH DISCOMFORT AND NEED, ISREAL REACTED WITH _____ AGAINST MOSES.**
- When we face discomfort and fear, more often than not, we choose to grumble. WHY?

#2-Grumbling often flows out of a heart that _____ the negative and _____ the positive (Exodus 16:1-36)

- This account takes place _____ days after crossing the Red Sea.

#3-Grumbling pours out of a heart that questions the _____ of Yahweh (Exodus 17:1-7)

#4- What causes us to grumble, complain and argue?

- We are _____-sighted.
- We feel _____ (we feel we are not getting what we deserved).
- We are faithless or spiritually _____
- We are _____.
- We have an insufficient view of _____—we are not convinced HE IS GOOD TO THE CORE.

TRUTH INTO ACTION - Hints to overcome the sin of grumbling

- Be _____ about your circumstances.
- Realize that complaining is against the _____, not other people.
- _____ attention to the words that come out of your mouth.
- Develop a godly _____ because a grumbling spirit is not godly.

Fighter Memory Verse --

MAY

Romans 11:33–36

³³ Oh, the depth of the riches and wisdom and knowledge of God! How unsearchable are his judgments and how inscrutable his ways! ³⁴ “For who has known the mind of the Lord, or who has been his counselor?” ³⁵ “Or who has given a gift to him that he might be repaid?” ³⁶ For from him and through him and to him are all things. To him be glory forever. Amen.

Pray first



Please understand we want to help you know Jesus personally and journey with you in taking fresh steps of obedience daily for Jesus. We would love to pray with you and for you. Join us at the end of the service for prayer or send us your request on the Connect Card and we will lift them up throughout the week.

Table Talk:

This lesson is a follow up to the sermon. Please take the time this week to work through it in your community group or around your own kitchen table.

Warm Up: What's a common situation where you catch yourself grumbling— maybe traffic, work, weather, or something else?

1. In Exodus 15:22-24 the Israelites have a great need. What did they do as a result? What should they have done? Do you make the same mistake?
2. How could Israel go so quickly from the miracle at the Red Sea (and singing about it in Exodus 15:1-18) to grumbling about water? (Read Psalm 106:11-14) How does our grumbling indicate a similar dynamic in our own lives?
3. In Exodus 16 God teaches His people to trust Him to provide for their needs one day at a time. However, some found that too hard (see 16:20, 27). When you cannot provide for yourself in one way or another (perhaps when you're overburdened or stressed), how easy or hard do you find it to trust the Lord for your 'daily bread' (Matt 6:11)?
4. At first glance, Exodus 17:1–7 seems to be about Israel grumbling for water again. However, verse 7 suggests that a deeper sin problem is the issue here. Grumbling puts God on trial and finds Him guilty of mismanaging His world. Thinking back to your answer to the warm-up question, when you're next tempted to grumble, what truths could you remind yourself of?
5. How can a grumbling attitude be related to hardness of heart? (see Psalm 95:8-9) What other sin issues can a hardness of heart lead to? How does the Israelites hardness of heart and rebellious question in 17:7 compare to Pharaoh's hardness of heart that was so prominent in the early portion of Exodus?
6. How does remembering what God has done in the past generate hope for your future, especially when facing tests that feel impossible to pass? What 'jar of manna' could you create in your life as a tangible reminder of God's faithfulness when you're tempted to forget what He's done (read Exodus 16:33)?

WORK THROUGH THE "9 Question Attitude Audit" below, as a group & discuss:

1. Am I exhibiting unhealthy impatience?
2. Am I speaking negatively against God-given leadership in my life?
3. Am I complaining about my circumstances?
4. Am I focusing on my lack?
5. Am I developing contempt for my blessings?
6. Are my thoughts and words often negative? (When I grumble, I dismiss hope.)
7. Am I resistant to change? (When I grumble, I question the goodness and plan of God.)
8. Do I have a negative spirit? (When I grumble, I assume the worst. When I grumble, I unrealistically dismiss the future.)
9. Am I divisive?

Prayer: Father God, you proved Yourself trustworthy on Israel's behalf over and over again. Help me to see Your faithfulness in my life. Change my grumbling heart into one that habitually speaks praise to You for Your faithfulness in my life. In the sweet name of Jesus I pray, amen.